

**Madison Youth & Family Services  
Presents**



**Times Change**

A two-part workshop for parents on preparing your family for the social and emotional roller coaster of the middle school years.

**Session 1 – October 12<sup>th</sup> -- Middle School, Then and Now**

You remember middle school, right? Is it the same today? This evening's discussion will help you better understand the turmoil and intensity of your children's world as they enter and move through the middle school years.

**Session 2 – October 19<sup>th</sup> -- Parenting, Then and Now**

What do you need to learn about parenting a middle schooler in the new millennium? What are Tweens and what's different about them besides the name? In this session, we'll discuss parenting strategies and techniques that are most effective with this age group.

Facilitator: Marj Adler, LPC  
Location: The Powder House (between MY&FS and Memorial  
Town Hall).  
Time: 7:00-8:30PM  
Fee: \$ 10.00 per parent, spouse free

**To register, call MY&FS: 203-245-5645**  
Space is limited to 16 participants, so register early!