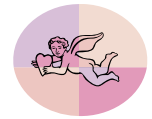


The Depot Express

MADISON SENIOR SERVICES NEWSLETTER



DEPOT MEETING CENTER
9 OLD ROUTE 79
MADISON, CT 06443

FEBRUARY 2009

OFFICE HOURS:
8:30 AM – 4:00 PM
MONDAY – FRIDAY

OFFICE: 245-5627

FAX: 318-0670 MUNICIPAL AGENT: 245-5687

CAFE SITE: 245-5686

SENIOR COMMISSION CHAIR

Ruth Burris

VICE-CHAIR

Patricia Melady

MEMBERS:

Elizabeth Booth

Maureen Lopes

Barry Miller

Wendy Oberg

John O'Brien

Marcy Sanders

Judith Stigle

Selectman Noreen Kokoruda,

Liaison to the Board of Selectmen

STAFF

David Melillo

Katherine DeBurra

Gina Millan

Municipal Agent

Heather Castrilli

BUS DRIVERS

Pat Cocchiaro

Edna Kripps

Guido Martini

Michael Rand

Helen Sneider

EXERCISE INSTRUCTOR

Patricia Velleca

SENIOR COMMUNITY

CAFÉ MANAGER & STAFF

Joan Waldron

Senior Recreation Advisory Group...

To attain input from YOU!

We need your ideas for 2009!

Meets 4 times a year!

Next Meeting: April 1, 2009

Be the first to share your ideas!

Call to volunteer!

New members always encouraged!

**Thank you to those volunteers of
the January Advisory Group
Meeting who dealt w/ the storm
cancellation.**

**We appreciate the "special"
delivery of many great ideas!**

Call the Depot to express interest.

If you're feeling shy, fill out a suggestion form in the Upper Level of the Depot & drop it in the suggestion box! All ideas appreciated! Tell us what we are doing right & wrong! Box is located on the table near the elevator.

TOWN WEB PAGE

www.madisonct.org

Madison Senior Services Commission

Meetings are held on the third Thursday of the month.

Public welcome & encouraged! Next meeting; Thursday, February 19, 2009 @ 5:30 PM, UL of the Depot Meeting Center. Call the Depot for more information.

The Madison Senior Commission and the Senior Staff wish to thank the Madison Ambulance Association for the generous donation of a television for the Senior Center. We have mounted the television and invite all to stop by and see this wonderful gift. We will host a "Movie Day" on Friday, March 6, 2008 @ 1:00 PM. Movie TBA; call to pre-register.

Thank you Madison Ambulance!

"FALLS? - NOT ME!" FALL PREVENTION PROGRAM

Friday, February 6, 2009 @ 1:00 PM w/Gene Bagnoli



We have all seen friends or relatives suffer after taking a fall. Yet most falls are preventable! Learn proven strategies from the Connecticut Coalition for Fall Prevention's 10 year study at "Falls? Not Me!" program in the Upper Level of the Depot on Friday, February 6th @ 1:00 PM. This educational program will be presented by Gene Bagnoli RN from Lifetime Solutions (affiliate of VNA Community Healthcare)

FEBRUARY IS HEART HEALTH MONTH

Wellness Wednesday, February 25, 2009 @ 1:00 PM



Mary Davis, RN-Clinical Nurse III from Yale Cardiology will present an informational program on HEART Health.

Flee from the flu, shrink your stress and keep moving!

Cold weather can increase your risk for a cardiovascular event. Use our winter tips to remember those risks & celebrate with a healthy heart!

TAX RELIEF PROGRAM...

The Town of Madison, Senior & Disabled Tax Relief Program will begin taking applications February 1, 2009 through May 15th. Elderly Homeowner Benefit Program. **Call Heather @ 245-5687** for information on income guidelines & filing requirements and an appointment.

AARP TAX ASSISTANCE PROGRAM

Thursday Afternoons-Depot Lower Level-1:30-5:30 PM, by appointment.

Appointment scheduling begins Monday, February 2, 2009.

Free confidential tax counseling will be available at the Depot. IRS certified tax counselors will offer assistance in filing tax returns on Thursday afternoons. Taxpayers are requested to bring; Identification, 2007 tax return, 2008 income reports that have been received, all 1099 forms, W-2 forms from each employer, unemployment compensation and all other forms that indicate Federal and/or Connecticut Income Taxes paid in 2008. All documents of income, deductible expenses documents & ID must be brought to the scheduled appointment.

REMEMBER TO BRING YOUR TAX STIMULUS NOTICE FROM THE IRS.

TRANSPORTATION OPTIONS ON PG. 2

MUNICIPAL INFORMATION PAGE FOR THE ELDERLY

Please Contact Heather @ 245-5687 or @ castrillih@madisonct.org for more information

SENIOR & DISABLED TAX RELIEF PROGRAM

Madison homeowner's who are age 65 or older or disabled & who have owned their homes for at least a year may be eligible to receive a discount off their property taxes. Program begins February 1, 2009 and ends May 15, 2009.

Please contact Heather for new income guidelines & to schedule an appointment.

ENERGY ASSISTANCE PROGRAMS (CEAP, CHAP & OPERATION FUEL)

There are many options available to CT residents who are having a difficult time paying for their heating bills this winter. Additional funding has been allocated for those of higher incomes who are age 65 and older.

Please note: For many of these programs there is a liquid assets test.

Homeowners max: \$10,000 and Renters max: \$7,000 in liquid assets.

Please contact Heather for more information @ 245-5687 to see if you qualify.

FURNACE REPLACEMENT PROGRAM

You may qualify for up to a \$500 rebate. Please contact Heather for information, or call 1-866-940-4676 to apply.

RENT REBATE REMINDERS

Clients who are planning to file for the Rent Rebate Program in 2009, please contact CL & P, ask for a statement showing proof of payments made in 2008. Once received, drop off a copy, this will be kept for filing beginning in May.

CONNPACE

2009 Income Guidelines: Single: \$25,100 and Couple: \$33,800

This is a State Pharmaceutical Assistance Program which assists seniors and disabled persons with the costs of prescriptions, including insulin & insulin supplies, as well as the monthly premiums for Part D. Co-pays for prescriptions will not exceed \$16.25. To qualify an applicant must be a CT resident age 65 or older or age 18 with a disability and is income eligible. Contact Heather for a list of required documents, and to schedule an appointment to apply.

TRANSPORTATION OPTIONS

**48 HOURS NOTICE REQUIRED!!
PRE REGISTRATION REQUIRED!**

Madison residents, age 60 or older & disabled residents have transportation service options including the fixed route Madison Senior Bus, Dial-A-Ride & Madison Community Services; Medical Transportation Program. Madison residents may call the Depot, 245-5627 to be mailed a flyer for the programs or use our website to read the information.

VIA SENIOR BUS-245-5627

Fixed routes to the senior center, downtown, special events, hot lunch program, & Thursday grocery shopping. See enclosed monthly calendar for route schedule.

DIAL-A-RIDE-245-5695

Operation of Dial-a-Ride is a public transportation service designed to meet the transportation needs of the elderly & disabled. Rides may be used in a 14 town region for medical, shopping, personal business & work.

COMMUNITY SERVICES-245-3031

Medical Appointment Transportation.

(local & surrounding areas)

7 DAYS NOTICE REQUIRED!

SHORELINE SHUTTLE

ESTUARY TRANSIT DISTRICT ROUTE

The route includes pickup @ the Depot & return Monday-Friday. Call (860) 510-0429 to make pick-up arrangements.

Pre-registration required.

This 9-Town Transit Bus (Madison to Old Saybrook) connects with the Dattco Bus to New Haven @ the Scranton Parking Lot. TTY 1-800-842-9710

Medicare Monday

The first Monday of every month, Carlos Maynard & Heather will answer questions about Medicare by appointment.

Elder Law & Legal Assistance for Medicare Patients.

Call the Center for Medicare Advocacy at
1-800-262-4414 for help.



Handicapped Parking Permit . . .

Applications available in the Depot office.

Notary Services @ the Depot by Appointment:

Heather Castrilli, Katherine DeBurra.

Living Will Documents available in the Depot office. These documents require two witness signatures and notarization.

Call the Depot for an appointment.

Meals-On-Wheels

Hot meals are delivered at noontime to those homebound or just recently out of the hospital and recovering. please call (860) 388-1611 Ext. 207 **Requires 4-5 days notice.**

Meals On Wheels Volunteer Drivers

The Town of Madison will reimburse drivers 32.5 cents per mile. Please call Heather @ 245-5687 to volunteer.

Any amount of time is appreciated!

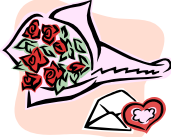






INFOLINE -211

The United Way of Connecticut in partnership with the State of Connecticut offers this service to provide assistance & answers to questions in a variety of topics. Options & direction to assist you accessing information in those topics. This service is free & confidential. Lines are operated 24 hours a day.

Call 211 or visit www.211infoline.org

MADISON SENIOR SERVICES CALENDAR

FEBRUARY 2009 (REGISTRATION OPENS 2/2/09) - Pre-Registration required for ALL events!

Monday	Tuesday	Wednesday	Thursday	Friday
<p>February 2-Learn <i>Who, What, Where, When & How</i> the Salvation Army has developed over the years to arrive @ successes they have today! What do they do in our community as a whole & at certain times of the year as well as disaster services?</p> <p>REFUND REQUESTS WILL BE ISSUED ONLY IF A SEAT CAN BE FILLED FROM THE WAITING LIST!</p> <p>*New ...Medicare Monday is February 2, from 9:00-11:00 AM, by appointment.</p> <p>Thursday-AARP TAX Assistance by appointment-1:30 to 4:00 PM!</p>				
REGISTER TODAY! 2	3	4	5	6
9:00-11:00 Medicare Monday by Appt. 9:00 AM Fit & Mov 10:30 AM ChairErcise 12:00 PM LUNCH 1:00 PM Marjorie Vrabel w/the Salvation Army 1:30 PM Line Dancing 1:30 PM LLL Meeting Consider joining this project & sharing ideas!	9:00 AM Bus/Town 12:00 PM LUNCH 1:00 PM Bus/Town 1:00 PM Card Play 1:15 PM Art Class	9:00 AM Fit & Mov 10:15 AM Srs/Mo 12:00 PM LUNCH 	9:00 AM – 3:00 PM Grocery Shopping 12:00 PM LUNCH 1:00 Cards & Mah Jongg 1:30 PM LLL International Rescue (Members Only!)	9:00 AM Fit & Mov 10:30 AM ChairErcise 12:00 PM LUNCH 1:00 PM Fall Prevention w/Gene Bagnoli from the VNA Special focus to prevent this dangerous occurrence!
BP Clinic @ 12:45 9	10	11	AARP Tax Assistance 12	13
9:00 AM Fit & Mov 10:30 AM ChairErcise 12:00 PM LUNCH Celebrate Chinese New Year ... Year of the OX! Eat w/chopsticks & free Chinese fans to all who order lunch w/Joan. 12:45 PM Blood Pressure 1:30 PM Line Dancing	9:00 AM Bus/Town 12:00 PM LUNCH 1:00 PM Bus/Town 1:00 PM Card Play 1:15 PM Art Class	9:00 AM Fit & Mov 10:15 AM Srs/Mo 12:00 PM LUNCH NO ST. MARGARET'S in FEBRUARY. See You In March!	9:00 AM – 3:00 PM Grocery Shopping 12:00 PM LUNCH 1:00 Cards & Mah Jongg 1:30 PM LLL Biofuels (Members Only!)	9:00 AM Fit & Mov 10:30 AM ChairErcise 12:00 PM LUNCH w/ the Music Makers & 123/Grow w/Me  Lunch Bunch w/the children & Sing-a-long.
16	17	18	AARP Tax Assistance 19	20
 President's Day Holiday Depot Closed!	9:00 AM Bus/Town 12:00 PM LUNCH 1:00 PM Bus/Town 1:00 PM Card Play 1:15 PM Art Class	9:00 AM Fit & Mov 10:15 AM Srs/Mo 12:00 PM LUNCH 	9-10 AM LEGAL ASSISTANCE by Appt 9:00 AM – 3:00 PM Grocery Shopping 12:00 PM LUNCH 1:00 Cards & Mah Jongg 1:30 PM LLL Emily Dickinson (Members Only!) 5:30 PM MSCC	9:00 AM Fit & Mov 10:30 AM ChairErcise 12:00 PM LUNCH 11:45 AM Leave the Depot for Luau @ the Cedar Woods Wear something "Island!" 
BP Clinic @ 12:45 23	24	Heart Health Month! 25	AARP Tax Assistance 26	27
No Pat! 11:30 AM Out to Lunch @ Creative Cooking-New Orleans style to celebrate Mardi Gras! \$2.00 bus fee. 12:00 PM LUNCH 12:45 PM Blood Pressure 1:30 PM Line Dancing	9:00 AM Bus/Town 12:00 PM LUNCH 1:00 PM Bus/Town 1:00 PM Card Play 1:15 PM Art Class	No Pat! 12:00 PM LUNCH "MEET MADISON" Mary Davis, RN-Clinical Nurse III from Yale Cardiology 1:00 PM Wellness Wednesday 	9:00 AM – 3:00 PM Grocery Shopping 12:00 PM LUNCH 1:00 Cards & Mah Jongg	No Pat! 12:00 PM LUNCH w/Gary Andreadis on Piano" ... "An Affair of the Heart" to celebrate American Heart Month & Valentines Day! 

SENIOR COMMUNITY CAFÉ


FEBRUARY 2009

Lucky Lunch Fridays include a free raffle!

“MEET MADISON”

The Senior Center hosts a monthly program w/a local Madison individual to speak @ lunch in the Senior Café.
Welcome Mary Davis, RN. Ask ?’s about Heart Health!

All meals include Bread & Butter, Milk, Coffee & Tea. All Soups come with Unsalted Crackers.
All Soups, Entrees, Gravies, Sauces, Salad Dressings; Desserts are Low Fat, Low Sodium.

<p style="text-align: right;">2</p> <p>Cream of Broccoli Soup BBQ Chicken Patty Roasted Potatoes Spinach Apricots</p>	<p style="text-align: right;">3</p> <p>Meatloaf w/Chunky Tom. Sauce Roasted Potatoes Cut Green Beans Vanilla Cookie</p>	<p style="text-align: right;">4</p> <p>Stuffed Shells w/Marinara Sauce Cut Green Beans Garden Salad Fruited Jell-O</p>	<p style="text-align: right;">5</p> <p>Beef Patty w/Sautéed Onions Tater Tots Petite Peas Golden Delicious Apple</p>	<p style="text-align: right;"><u>LUCKY LUNCH 6</u></p> <p>Whole Grain Crunchy Fish Red Bliss Potatoes Creamy Cole Slaw Tapioca Pudding w/Topping</p>
<p style="text-align: right;"><u>Chinese New Year! 9</u></p> <p>Chicken Teriyaki White Rice Combo Oriental Vegetables Fortune Cookie</p>  <p style="text-align: center;">Year of the OX!</p>	<p style="text-align: right;">10</p> <p>Veal Parmesan & Ziti w/Marinara Sauce Tossed Salad Cupcake</p>	<p style="text-align: right;">11</p> <p>Hearty Beef Stew Tossed Salad Mandarin Oranges</p>	<p style="text-align: right;">12</p> <p>Chicken Vegetable Soup Turkey Sausage and Peppers Garden Salad Tropical Fruit Cup</p>	<p style="text-align: right;"><u>LUCKY LUNCH 13</u></p> <p>Oven Fried Fish Roasted Potatoes Tossed Salad Oatmeal Raisin Cookie “Lunch Bunch” w/123 Grow w/Me & the Music Makers. Fun!</p>
<p style="text-align: right;">16</p>  <p style="text-align: center;">President's Day Holiday Depot Closed!</p>	<p style="text-align: right;">17</p> <p>Beef Vegetable Soup Cheeseburger Oven Fried Potato Chips Orange</p>	<p style="text-align: right;">18</p> <p>BBQ Rib Pattie Potato/Squash Combo Petite Peas Fresh Fruit</p>	<p style="text-align: right;"><u>Birthday Cake Day 19</u></p> <p>Roasted Turkey w/Gravy Whipped Potatoes Mixed Vegetables Cranberry Sauce Birthday Cake</p>	<p style="text-align: right;"><u>LUCKY LUNCH 20</u></p> <p>Cheese Cannelloni Cut Green Beans Tossed Salad Fruit Cocktail</p>
<p style="text-align: right;">23</p> <p>Veal Roulade w/Gravy Whipped Potatoes Tossed Salad Sliced Peaches</p>	<p style="text-align: right;">24</p> <p>Yankee Pot Roast w/Gravy Roasted Potatoes Mixed Vegetables Seasonal Fresh Fruit</p>	<p style="text-align: right;">25</p> <p>“MEET MADISON” Vegetarian Vegetable Soup Vegetable Quiche Broccoli Cuts Belgian Carrots Unfrosted Brownie</p>	<p style="text-align: right;"><u>Black History Day! 26</u></p> <p>Southern Fried Chicken Macaroni & Cheese Collard Greens Sweet Potato Pie</p>	<p style="text-align: right;"><u>LUCKY LUNCH 27</u></p> <p>Whole Grain Crunchy Fish Tater Tots Creamy Cole Slaw Fresh Fruit Cup</p>  <p style="text-align: center;">Gary on Piano!</p>

HAPPY BIRTHDAY TO ALL THE FEBRUARY BIRTHDAYS!

Celebrate with us on February 19th!

HARVEST HOUSE SOUP KITCHEN

St. Stephen’s Episcopal Church, Main Street, East Haddam offers an evening supper meal on
Sundays from 5:00 to 6:00 PM. Free of charge. No senior bus transportation.



**Coming in 2009... Thank you to our volunteers!
A Special Breakfast Program to thank volunteers in a
small way for big contributions!**

We are fully aware that emergencies arise that cannot be controlled. Please remember that when you order lunch with the Café, it must be ordered 24 hrs in advance with account for wasted lunches not consumed. If you cannot attend a luncheon that you have reserved, please call 245-5686, even to leave a message on the answering machine. If you cancel a trip or call the office to say you are not coming in, please call the Café in addition to cancel lunch.

There may be last minute calls to fill these spots. Thank you for your cooperation.

FITNESS & MOVEMENT

SESSION DATES:

9:00 – 10:00 AM Depot, LL
Monday, Wednesday & Friday
\$30.00 per session.



Low impact Aerobics for mature folks interested in maintaining and continuing good health. Good Cardiovascular Workout combined with Muscle & Joint Strengthening. Bring Sneakers, Cool, Comfortable Clothing & Floor Mat. **Session Dates: January 5-March 13.**
Make Ups-if necessary.

National Standards have recognized exercise every other day as beneficial!

SENIORS-IN-MOTION

10:15 – 11:15 AM, Depot, UL
\$30.00 per session.



An exercise class designed especially for seniors who want more than just a Chair-Exercise. Involves some standing.
Improve balance, strength & stability.

Same dates as Wednesday; Fitness & Movement Classes.

CHAIR EXERCISE CLASS

10:30 – 11:30 AM, Depot, UL
Mondays & Fridays
Class Fee: Free.

New participants welcome any time! Class designed for those who need to exercise while seated. Benefits: Muscle Toning, Joint Flexibility & Cardiovascular Strength. Same dates as the Monday & Friday Fitness & Movement Classes. (ChairExercise)

Same dates as Fitness & Movement Classes.

EXERCISE & RELAX w/HATHA YOGA

w/Pat Velleca on Tuesday & Thursday @
Memorial Town Hall. 3:00-4:00 PM

Yoga techniques are used to increase circulation & relaxation. Know your body physically & mentally through Hatha Yoga. Yoga postures provide deep tension release, stress control & an increase in energy. Suitable for all ages & conditions. Loose clothing & mats needed.

ART 101 – Tuesdays, 1:30 – 3:30 PM

Registration Fee: \$5.00.
New Members Welcome!



Art class taught by Muriel Waldvogel. Learn at your own pace & level of ability. Instruction in Drawing, Charcoal, Pastel, Watercolor, Acrylics & Oils. Please stop by the Depot for a list of supplies needed.

Thank you to the St. Margaret’s Bingo Volunteer Coordinators who do so much to make these programs special!

See you in March!

BINGO

St. Margaret’s Bingo...
No February Program.



Depot, Upper Level. Bridge, Canasta, Pinochle & Mah Jongg.

Call Depot to express interest!

CARD PLAYING

Tuesdays & Thursdays 1:00 – 4:00 PM
Looking for pinochle players!

QUILTING

Looking for new members!
Pre-register in the Depot.



Attention Quilters

A great space to work! No instructor. Use of studio space. Call to ask about dates for use of space.

MONTHLY SERVICES AT THE DEPOT. . .

<p>MEDICARE COUNSELING ... Unbiased information & assistance on Medicare, supplemental insurance, & Medicaid.</p>	<p>Carlos A. Maynard volunteers to assists Madison residents w/Medicare questions. First Monday of the month; Feb. 2nd. “Medicare Monday” from 9:00 to 11:00, by appointment. Call to schedule an appointment.</p>
<p>BLOOD PRESSURE CHECK 12:45 PM @ the Depot. February 9 & 23, 2009.</p>	<p>Service provided by VNA Services. BP Clinics held the 2nd & 4th Monday of the month. <u>Blood Pressure Monitor also available for use in office. Just ask!</u></p>
<p>LEGAL ASSISTANCE, 3RD Thursday Monthly, Next date: February 19, 2009. 9:00 – 10:00 AM. By appointment only!</p>	<p>Attorneys Thomas Cronan & Michael Sweeney offer counseling services on a one-on-one basis. <u>Appointments Required.</u> Call the Depot 245-5627 to make an appointment. Thank you to our legal team for their monthly assistance!</p>



AARP DRIVING SAFETY PROGRAM COURSES 2009

Please note new schedule and price set by AARP!

Must present AARP membership card at time of registration!

The Guilford & Madison Senior Centers have created a Shoreline Guilford/Madison AARP Safe Driving Class offered to seniors to sharpen driving skills & enjoy a discount on auto insurance. State law mandates that people 60 and older are entitled to a minimum 5% discount on the liability portion of their policy upon completion of the two-day, 8-hour course.

Classes held @ Guilford Community Center: February 11-12, 1:00-5:00 PM, March 11-12, 1:00-5:00 PM, April 14-15, 6:00-10:00 PM, May 13-14, 1:00-5:00 PM. Classes held @ Madison Senior Center: July 6-7, 1:00-5:00 PM, August 3-4, 1:00-5:00 PM, October 5-6, 6:00-10:00 PM, November 2-3, 1:00-5:00 PM.

Advance registration required:

AARP members \$12.00 & Non Members \$14.00 checks made payable to AARP.

Please bring your membership card at time of registration or we must charge the full registration price.



COMING IN MARCH!

WEDNESDAY "LUNCH BUDDIES"

Wednesdays during lunch join a child and complete a craft project with them.

Great quality time with the youngsters and a wonderful program of intergenerational friendship.

This program will help a student from SCSU to complete her classes in Therapeutic Recreation. Great fun!

Sign up for lunch with Joan or bring a bag lunch. Final dates TBA in the March newsletter.

SENIOR Co-ED VOLLEYBALL!

January 6-March 26 @ the Town Campus Gym. Tuesday & Thursday mornings; 9:00 AM-11:00 AM.

Drop in & play only. Senior basketball will be on one side of the gym & volleyball is on the other side.

They are separated by the screen. Madison seniors use their Recreation passes to play & non-residents pay \$10.

Pre-registration required at the Beach & Rec. Department OR the Depot.

SENIOR WALKERS!

(Mon-Wed-Fri) @ Town Campus Gym.

12/17/08-3/16/09- 8:00-9:00 AM.



ART CLASSES

"ART 101" . . . Tuesdays, 1:30 – 3:30 PM-Registration Fee: \$5.00.

Instruction in Drawing, Charcoal, Pastel, Watercolor, Acrylics, Oils. Our Instructor is Muriel Waldvogel; Madison Artist.

Classes are held in the Lower Level of the Depot. List of art supplies available at the Depot! **New Members Welcome!**

LINE DANCING AT MEMORIAL TOWN HALL

Gayle Melonson is our Line Dancing Instructor for seniors & class is held Mondays-1:30 PM @ the Memorial Town Hall.

Pre-register @ the Depot or Beach & Recreation Department for any session, prior to start of class.

Session I-1/26-3/9-(No 2/16) \$19.50

Session J-3/16-4/20-\$19.50



Please note; additional session will be added shortly following confirmation of dates with instructor!

Watch your newsletter!

COMPUTER

The computer area has a very busy schedule but please call to check on times that it is available for use!



MAH JONGG

Are you interested? Please call the Depot.

Thursdays; 1:00-4:00 PM.



SHORELINE INSTITUTE OF LIFELONG LEARNING

The Madison Senior Commission voted to co-sponsor the "*Shoreline Institute of Lifelong Learning.*" This exciting program will offer meaningful intellectual programs to retired & semi-retired citizens of Guilford & Madison, who share a love of learning! Please call the office @ 245-5627 for a flyer explaining the program & to become a member of this program! **Great new classes and topics!**

PROGRAM & TRIPS

Check the Monthly Calendar for daily events & trips!...
AND PLEASE REMEMBER TO PRE-REGISTER for ALL EVENTS & PROGRAMS!
TO AVOID CANCELLING PROGRAMS

REFUND REQUESTS WILL BE ISSUED IF A SEAT CAN BE FILLED FROM THE WAITING LIST!
(REGS. OPENS- Monday, February 2, for all programs -Pre-Registration required for ALL events!)



FEAST OF ST. JOSEPH @ THE GRAND OAK VILLA in Oakville, CT w/Gene Ferrari-the voice w/ heart. **Tuesday, March 24, 2009.**

Celebrate the Feast of St. Joseph enjoying delicious Italian cuisine, including Crackers, Cheese, & Pepperoni upon arrival followed by a Garden Salad, Pasta, Chicken Marsala, Roast Beef, Potato, Vegetable, & a wonderful Dessert. Wine for everyone! You will be spellbound with the entertainment of the Triad Band playing music for singing & dancing before the appearance of Gene; a very charismatic native of Italy who sings in 4 languages, w/ a 2 ½ octave vocal range. *Salute & Buon Appetite!* Depart Depot @ 10:00 AM.

\$60.00



WASHINGTON DC w/MONTEPELIER EXPERIENCE

Tuesday-Friday- April 21-24, 2009!

Depart on this exciting tour to the Nation's Capitol with an added opportunity to tour the home of James Madison, whom our Town shares great connection! James Madison's home in Orange, Virginia has recently been renovated. See this remarkable tie to our history. Tour departs Madison and as we have learned from our fantastic trip to California in September-if possible choosing to stay in *Embassy Suites* is a wonderful experience! We'll arrive in Washington & check in. Hotel stay in Washington is @ the Embassy Suites. All suites include a full American breakfast and a wonderful Manager's reception nightly. Dinner is at a local restaurant. We have secured a tour of the White House during our trip to Washington D.C. and depending on the date granted we will adjust our schedule to see Embassy Row, Washington Monument, the WW II, FDR & Jefferson Memorials, the Smithsonian Buildings (American History, Natural History, Air & Space, etc.). Day two will include a half-day tour with a licensed step on guide. Dinner this evening will be on the waterfront followed by a guided illumination tour viewing the city and monuments aglow a night. Day three travel to see the home of James & Dolley Madison (the 4th President of the United States) and the namesake of our hometown. After the visit to Montpelier we will enjoy a tour and tasting at Horton Cellars Winery followed by dinner and a show (Nonsense II) at the Riverside Center Dinner Theater in Fredericksburg. After breakfast on day four we tour Arlington Cemetery by Tourmobile before departing for Baltimore's Inner Harbor with time for sightseeing and lunch. (These dates shortly follow the Cherry Blossom Festival-a beautiful festival to celebrate the gift of the city of Tokyo with the pink and white blossoms on cherry trees. There should still be quite a few blooms still surrounding the Jefferson Memorial along the Tidal Basin.) Travel and share in the great history of our Country just a short time following the inauguration of the new President!

\$915 single, \$649 pp double, \$599 pp triple. \$50 deposit due w/registration-balance due March 13.

Departure time 8:00 AM approximate return time 8:00 PM.



MOHONK MOUNTAIN HOUSE

Tuesday, May 19, 2009.

Mohonk Mountain House is a resort of charm & grace nestled in pristine wilderness & unsurpassed beauty. The stunning splendor of rocky cliffs rising above a crystal clear lake surrounded by lush forest is an inspiring scene. A National Historic Landmark perched at the heart of a magnificent natural area. It is a turreted 7-story architectural delight. The Victorian character of the house has been preserved throughout & comfortable rockers line the balconies & wide verandas. Enjoy a delicious buffet by an award winning chef. Following the luncheon, stroll through the gardens with sweeping lawns & open vistas surrounded by spectacular cliffs. Visit the greenhouse, with over 1,500 cultivated plants. The barn museum houses exhibits of antiques & features craft demonstrations including blacksmithing, rustic carpentry, restoration of carriages, farm machinery & pottery making. Unique gift shops & optional horse-drawn carriage rides or a behind-the-scene kitchen tour available. **\$85.00 Depart Commuter Lot @ 8:30 AM.**

Save the Dates...

June 10, 2009- 42nd Street @ Goodspeed!

June 22, 2009 Hooray for Hollywood @ the Aqua Turf!

(No sign-ups yet- plans being finalized! Watch your newsletter!)

RETURN ADDRESS:
MADISON SENIOR SERVICES COMMISSION
DEPOT MEETING CENTER
9 OLD ROUTE 79
MADISON, CT 06443-2691
TELEPHONE: 245-5627

PRSR STD
U S POSTAGE
PAID
MADISON CT
PERMIT
NO. 140



**DATED MATERIAL
PLEASE DELIVER PROMPTLY**

Madison Supports Seniors! We need volunteers!

The Town of Madison is moving forward with an updated proposal to build a new senior center. A new Citizens Committee is being formed to help voters make an educated vote on the funding referendum, tentatively scheduled for May 19, 2009. If you, or someone you know, would like to help, please call Maureen Lopes @ 245-9682. Please watch the newsletter for future updates!



Board of Assessment Appeals Reminder

The Board of Assessment Appeals reminds seniors that all property owners who wish to appeal the valuation of their property must file a Petition (available from the Assessor's Office) by Feb 20, 2009.

If the owner is to be represented by a family member or counsel, an Agent form (available at the Assessor's Office) must also be filed. To download & print forms go to; www.madisonct.org & click on the "Department Links", click on "Assessor" & click on the "Petition" & "Agent" forms or call **245-5652**.

Valuations for appeal purposes are as of the Appraisal Period ending September 2007 & not current market value.



STORM CLOSINGS

Storm Closings, Delays & Cancellations will be broadcast on Channel 3 Early Warning Network for the Madison Senior Center. If in doubt call the Depot before you head out.