



**VNA Services, Inc.**

A member of the Saint Raphael Healthcare System

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**Shoreline Office**  
1347 Boston Post Road  
Madison, CT 06443  
203.245.0436  
203.245.8411 Fax

**The Strong House**  
*Adult Day Center*  
546 Durham Road  
Madison, CT 06443  
203.245.0524  
203.245.8915 Fax

**Toll-free Referral Lines**  
1.866.VNA.0888  
1.866.VNA.0999 (Fax)

# Announcing

## “Wellness Wednesdays”

### A Series of Health and Wellness Lectures

- *March 18 Colon Cancer*
- *April 15 Diabetes (includes free Blood Sugar test)*
- *June 24 Safe Food Handling*
- *Sept. 30 Peripheral Artery Disease and Cholesterol*

*Presented by Chris DeBisschop, RN BSN  
Manager, Community Programs*

*All programs are held at  
The Depot Meeting Center  
9 Old Rt 79, Madison  
Presentation begins promptly at 1pm*