



The Depot Express

MADISON SENIOR SERVICES NEWSLETTER



DEPOT MEETING CENTER
9 OLD ROUTE 79
MADISON, CT 06443

August 2010

OFFICE HOURS:
8:30 AM – 4:00 PM
MONDAY – FRIDAY

MUNICIPAL AGENT: 245-5687

MAIN OFFICE: 245-5627

FAX: 318-0670

CAFE SITE: 245-5686

SENIOR COMMISSION CHAIR

Patricia Melady
VICE-CHAIR

Maureen Lopes

MEMBERS:

Elizabeth Booth

Robert Hale

Gerard Kerins

Leslie Marcarelli-Naizby

Barry Miller

Wendy Oberg

Marcy Sanders

Liaison to the Board of Selectmen:

Noreen Kokoruda

STAFF

David Melillo

Katherine DeBurra

Gina Millan

Heather Castrilli

Carrie Gazda

BUS DRIVERS

Pat Cocchiaro

Patricia Connelly

Michael Rand

Helen Sneider

Carolyn Tenedine

EXERCISE INSTRUCTOR

Patricia Velleca

CAFÉ MANAGER

Joan Waldron

Senior Recreation Advisory Group...

We need your ideas for 2010!

Meets 4 times a year! Next Meeting:

Wednesday-August 4, 2010!

**Thank you to the volunteers on
5/12/10 for the wonderful suggestions
@ the meeting!**

Be the first to share your ideas!

If you're feeling shy, fill out a
suggestion form in the Upper Level of
the Depot & drop it in the suggestion
box! All ideas appreciated! Tell us what
we are doing right & wrong! Box is
located on the table near the elevator.

TOWN WEB PAGE

www.madisonct.org

Please call the Depot if you are
interested in receiving the newsletter
via email!



MADISON SENIOR SERVICES COMMISSION

Meetings are held on the third Thursday of the month. Next meeting:

August 19, 2010 @ 5:30 PM in the Upper Level of the Depot.

PLEASE REMEMBER TO PRE-REGISTER FOR ALL EVENTS & PROGRAMS

Registrations can also be taken at the Recreation Department

SARATOGA RACE TRACK

Sunday, August 15, 2010 Prog. # 700113-A



Place your bets and enjoy a day at the races! Saratoga Race Track is the oldest organized sporting venue of any kind in the US. Watch graded stakes races, thoroughbred races, steeplechases, and year-round harness racing on the track. View the horses and jockeys being lead to the paddocks, the Big Red Spring in the picnic grounds, the painted canoe in the middle of the track, and the hand rung bell. Price includes grandstand seats and a boxed lunch of a 6-inch grinder, a bag of chips, and a bottle of water or soda.

Board the motor coach bus at the Commuter parking lot at 6:45 am \$55 pp.



CAPTAIN JACK LOBSTER BAKE & CASINO

Wednesday, September 8, 2010 Prog. # 700114-A

Arrive at Foxwoods Resort and Casino and spend a few hours enjoying the casino. Price includes a buffet coupon for breakfast and \$15.00 voucher for Lucky Seven Keno. At 2:00 pm travel towards Narragansett Bay in Rhode Island and enjoy a delicious Lobster Clambake at Captain Jack's in Wakefield. Lunch includes Cup of Chowder and Three Clam Cakes, Shrimp Cocktail w/three shrimp, Choice of 1 ¼ Whole Boiled Lobster or Prime Rib of Beef, an ear of corn, apple crisp w/ice cream, rolls, and a beverage. **Leave Commuter Parking Lot at 8:00 am, return approximately 6:00 pm, \$65.00.**

LIFE LONG LEARNING

This exciting program offers meaningful intellectual programs to retired & semi-retired citizens of Guilford & Madison, who share a love of learning! A variety of classes offered. Become a member of this great program. New online registrations will be available for the Fall class. Be sure to include your email address with your registration to receive weekly class reminders, notifications of class changes, special guest events not listed in the catalog. Membership fee \$25 for the year.



FALL COMPUTER CLASSES

Fall Sessions for Computer Classes will be on Tuesday mornings.

Each session runs for 4 weeks, \$20.00 per session.

The computer area has a very busy schedule for personal use, please call to check on times that it is available. Sign in at the office.

TRANSPORTATION OPTIONS ON PG. 2

Dial-a-Ride is testing a new schedule with expanded hours (beyond the regular 8:30-4:00 PM) to accommodate requests. Please call to see if we can get you where you need to go
203-245-5695 (48 hours notice please)

MUNICIPAL INFORMATION

For more information, please contact Heather Castrilli at (203) 245-5687 OR castrillih@madisonct.org

ANNOUNCEMENTS/CURRENT SOCIAL SERVICE PROGRAMS

RENT REBATE

The filing period for the Rent Rebate runs until September 15, 2010. Participants are required to submit proof of income for 2009, proof of rental, heating, electric, and water payments made in 2009. An eligible participant must be age 65 or older, or disabled and have incurred rental expenses in 2009, not necessarily in Madison.

Maximum income in 2009 for a single person: \$32,300 and for a couple: \$39,500.

SNAP PROGRAM (Formerly Food Stamps)

This program helps offset food expenses. Eligible participants are given a set amount of money on an EBT debit card each month to use at local grocery stores. Monthly income guidelines: **Single: \$1,671, Couple: \$2,248.**

FOOD PANTRY

The food pantry is operated by Madison Community Services and available for those residents who need the assistance. The pantry is located in the back of the First Congregational Church on the Town Green and is open Wednesdays from 11-3. **Transportation available, call Dial-a-Ride, 245-5695. Bus Pick up @ Concord Meadows at 10:15 AM.**

ANGEL FOOD MINISTRY

In these tight economic times, we all could use a little help in making ends meet! Bethel Assembly of God Church, Guilford, CT operates a program that can help lower your food costs. Preorder food through Angel Food Ministries & receive substantial savings. For more information, you can visit their website: <http://www.guilfordbethel.org/AngelFoodInfo.htm>. Stop in to the senior center to pick up this months menu or call (203)453-5171 or 245-1385. SNAP benefits are accepted.

CONNPACE

ConnPACE or the CT Pharmaceutical Assistance Program helps participants offset the costs of their Rx's. The filing period for new clients is Nov. 15th to Dec. 31st annually with an annual registration fee of \$45 per person. ConnPACE only cover Rx's on your Med. D formulary and will cover premiums of benchmark Med D plans.

MEDICARE SAVINGS PROGRAM

The Medicare Savings Program assists eligible participants with paying their Medicare Part B premiums each month. In addition, participants will have \$2.50 co-pay for generic Rx's and \$6.30 co-pay for name-brand Rx's. There is no asset test for this program. **Maximum Income for a single: \$2,091.67 and for a couple: \$2,816.67**

TRANSPORTATION OPTIONS

DIAL-A-RIDE

Madison Senior Center
245-5695

A public transportation service designed to meet the transportation needs of the elderly & disabled. Rides may be used in a 14 town region for medical, shopping, personal business & work. Please call to be mailed the rules and regulations.

**48 HOURS NOTICE
REQUIRED!!**

SENIOR BUS

Madison Senior Center
245-5627

Fixed routes to the senior center, downtown, special events, hot lunch program, & Thursday grocery shopping. See enclosed monthly calendar for route schedule.

**48 HOURS NOTICE
REQUIRED!!**

MADISON COMMUNITY SERVICES:

245-3031

Madison Community Services has a bank of volunteers who will take Madison residents to Medical Appointments. This program operates locally and in the surrounding areas.

**7 DAYS NOTICE
REQUIRED!**

SHORELINE SHUTTLE

Estuary Transit District
860-510-0429

**TDD & TTY
1-800-842-9710**

The 9-Town Transit Bus operates on a route from Old Saybrook to Madison. Stops in Madison include the train station, the senior center and at the Scranton Gazebo to connect with the Dattco bus.

Call for pick-up arrangements
**PRE REGISTRATION
REQUIRIED!**

Medicare Mondays

The first Monday of every month, Carlos Maynard and Heather Castrilli will hold appointments to answer questions regarding Medicare and Health Insurance.

Elder Law And Legal Assistance For Medicare Patients.

Call the Center for Medicare Advocacy **1-800-262-4414.**

New Simplified Process to attain...

Handicapped Parking Permit . . .



New application form from the DMV available on the www.ct.gov/dmv.org or in the Depot office. The form is now a one-page document that can be faxed by your doctor's office to the DMV expediting the process.

Notary Services At The Depot By Appointment:

Heather Castrilli, Katherine DeBurra & Gina Millan

Call the Depot for an appointment



Meals-On-Wheels

Hot meals are delivered @ noontime to the homebound or just recently out of the hospital & recovering. please call (860) 388-1611; Ext. 207

Requires 4-5 days notice and doctor or nurse referral.

Meals On Wheels Volunteer Drivers:






The Meals on Wheels Program is always looking for new volunteers to help deliver meals. The Town of Madison will reimburse drivers 32.5 cents per mile.

Madison Food Pantry Donations

Donations to the Food Pantry are welcome, Please contact Madison Community Services: (203)245-3031

MADISON SENIOR SERVICES CALENDAR

AUGUST 2010 (REGISTRATION OPENS 8/2/10) - Pre-Registration required for ALL events!

Monday	Tuesday	Wednesday	Thursday	Friday
Registration Opens! 2	3	4	5	6
9:00 AM Fit & Mov 10:30 AM ChairErcise 12:00 PM LUNCH 1:00 pm Scenic ride w/ ice cream stop at Durham Dairy Serve Prog. # 100116-A 	9:00 AM Bus/Town 12:00 PM LUNCH 1:00 PM Bus/Town 1:00 PM Card Play	9:00 AM Fit & Mov 10:15 AM Srs/Mo Leave Depot @ 11:30 am Old Saybrook Diner for lunch & Walmart Plaza Prog. # 100117-A 12:00 PM LUNCH	9:00 AM – 3:00 PM Grocery Shopping 9:30 AM Bocce 12:00 PM LUNCH 1:00 Cards & Mah Jongg 1:30 PM “Quilts for a Cause!” Pre-register for program!	9:00 AM Fit & Mov 10:30 AM ChairErcise 11:30 am Lunch at Fish Tale & shopping at Job lot Prog. # 100118-A 12:00 PM LUNCH
9	10	11	12	13
9:00 AM Fit & Mov 10:30 AM ChairErcise 12:00 PM LUNCH 12:30 PM Blood Pressure 1:00 pm Dollar Store in Branford Prog. # 100119-A 1:00-5:00 PM Safe Driving	9:00 AM Bus/Town 12:00 PM LUNCH 1:00 PM Bus/Town 1:00 PM Card Play 1:00-5:00 PM Safe Driving 5:00 PM Bocce for fun!	9:00 AM Fit & Mov 10:15 AM Srs/Mo 12:00 PM LUNCH 12:00 PM ST. Margaret’s Bingo Prog. # 100123-A	9:00 AM – 3:00 PM Grocery Shopping 9:30 AM Bocce 12:00 PM LUNCH 1:00 Cards & Mah Jongg 1:30 PM “Quilts for a Cause!”	9:00 AM Fit & Mov 10:30 AM ChairErcise 11:00 AM Farmers Market @ the Hamden Senior Center. \$2.00 Lunch on your own Prog. # 100121-A 12:00 PM LUNCH 
Museum of the Month 16	17	18	19	20
9:00 AM Fit & Mov 9:30 am Submarine Force Museum & Nautilus & lunch stop at “the Shack” \$5.00 Prog. # 100122-A 10:30 AM ChairErcise 12:00 PM LUNCH	9:00 AM Bus/Town 12:00 PM LUNCH 1:00 PM Bus/Town 1:00 PM Card Play 5:00 PM Bocce for fun!	9:00 AM Fit & Mov 10:15 AM Srs/Mo 11:00 am Dock & Dine on your own & Mini Golf \$3.00 Prog. # 100123-A 12:00 PM LUNCH 	9-10 AM LEGAL ASSISTANCE by Appt. 9:00 AM – 3:00 PM Grocery Shopping 9:30 AM Bocce 12:00 PM LUNCH 1:00 Cards & Mah Jongg 1:30 PM “Quilts for a Cause!” 5:30 PM MSCC	9:00 AM Fit & Mov 10:30 AM ChairErcise 11:30 am Enjoy a picnic by the water at Chaffinch Park Bring a Bag Lunch Prog. # 100124-A 12:00 PM LUNCH
23	24	25	26	27
9:00 AM Fit & Mov 10:00 am Leave Depot Shopping in Mystic Village \$5.00 Lunch on your own Prog. # 100125-A 10:30 AM ChairErcise 12:00 PM LUNCH 12:30 PM Blood Pressure	9:00 AM Bus/Town 12:00 PM LUNCH 1:00 PM Bus/Town 1:00 PM Card Play 5:00 PM Bocce for fun!	9:00 AM Fit & Mov 10:15 AM Srs/Mo 12:00 PM LUNCH 12:45 pm stroll through the quaint Essex Village Prog. # 100126-A	9:00 AM – 3:00 PM Grocery Shopping 9:30 AM Bocce 12:00 PM LUNCH 1:00 Cards & Mah Jongg 1:30 PM “Quilts for a Cause!”	9:00 AM Fit & Mov 10:30 AM ChairErcise 12:00 PM LUNCH 12:45 pm leave depot for Lyman Orchards Prog. # 100127-A 
30	31	The Building Committee has worked tirelessly on the “New Senior Center Project”! Please watch for the announcement of the groundbreaking and join us to wish them well! REFUND REQUESTS WILL ONLY BE ISSUED, IF A SEAT CAN BE FILLED FROM THE WAIT LIST.		
9:00 AM Fit & Mov 10:30 AM ChairErcise 12:00 PM LUNCH 1:00 pm BINGO Prog. # 100128-A 	9:00 AM Bus/Town 12:00 PM LUNCH 1:00 PM Bus/Town 1:00 PM Card Play 5:00 PM Bocce for fun!			

SENIOR COMMUNITY CAFÉ

Lunch @ 12:00 NOON! Please be on time! Lucky Lunch Fridays include a free raffle!

2 Corn Chowder Chicken Salad on a Bed of Lettuce Tri-Colored Pasta 3 Bean Salad Nectarine	3 Philly Cheese Steak Green Beans Tossed Salad Mandarin Orange Slices	4 Turkey Kielbasa w/ Sauerkraut Boiled Potatoes Belgian Carrots Fruit Cocktail	5 Beef Bracciale w/ Gravy Fluffy Brown Rice Mixed Vegetables Unfrosted Brownie	LUCKY LUNCH 6 Cheese Cannelloni w/ Marinara Sauce California Blend Veg. Tossed Salad Fresh Peach
9 Seafood Salad on a Bed of Lettuce Creamy Coleslaw Potato Salad Sliced Peaches 12:45 PM Blood Pressure w/the VNA	10 Meatloaf w/ Gravy Mashed Potatoes Petit Peas Cantaloupe	11 Baked Chicken ¼ Cranberry Sauce Sweet Potatoes Green Beans Tapioca Pudding w/ Topping 12:00 PM St. Margaret's Bingo Program	Birthday Cake Day 12 Roast Turkey w/ Gravy Cranberry Sauce Stuffing Petite Corn Birthday Cake	LUCKY LUNCH 13 Rhode Island Clam Chowder Spinach Cheese Quiche Tossed Salad Tropical Fruit Cup
16 Southern Fried Chicken ¼ Macaroni & Cheese Collard Greens Special Cookie	17 Tomato Basil Soup Angus Burger California Blend Veg. Tangerine	18 Cold Sliced Corned Beef Plate on L/T Potato Salad Marinate Cut Green Beans Sliced Pears	19 Veal Parmesan w/ Marinara Tossed Salad Sliced Peaches	LUCKY LUNCH 20 Breaded Oven Baked Fish Tater Tots Summer Veggies Pineapple Tidbits
23 Beef Barley Soup Chicken Salad Plate 3-Bean Salad Mandarin Orange Slices 12:45 PM Blood Pressure w/the VNA	24 Roast Pork w/Gravy Whipped Potatoes Mixed Veggies Apricot Halves	25 Stuffed Shells Tossed Salad Oatmeal Raisin Cookie	26 12" Beef Hot Dog Baked Beans Creamy Cole Slaw Watermelon LABOR DAY CELEBRATION	LUCKY LUNCH 27 Roasted Veggie Frittata Hash Brown Potatoes Fiesta Veggies Sliced Peaches
30 Salisbury Steak w/Gravy Yellow Squash White/Brown Rice Combo Plum	31 Ham Salad on Lettuce & Tomato Pineapple Cole Slaw 3-Bean Salad Seasonal Fruit	All meals include Bread & Butter, Milk, Coffee & Tea. All Soups come with Unsalted Crackers. All Soups, Entrees, Gravies, Sauces, Salad Dressings & Desserts are Low Fat, Low Sodium. Please remember to call to order lunch by 12:00 Noon the previous day!		

HAPPY BIRTHDAY TO ALL THE AUGUST BIRTHDAYS!

Celebrate with us on Birthday Cake Day!

Join us on Birthday Cake Day, August 12, 2010. receive a special surprise to celebrate your day!

Please let Joan know that your birthday is in the month of AUGUST!

(To receive surprise, attendance required on Birthday Cake Day!) This month;

We are fully aware that emergencies arise that cannot be controlled. Please remember that when you order lunch with the Café, it must be ordered 24 hrs in advance with account for wasted lunches not consumed. If you cannot attend a luncheon that you have reserved, please call 245-5686, even to leave a message on the answering machine. If you cancel a trip or call the office to say you are not coming in, please call the Café in addition to cancel lunch. There may be last minute calls to fill these spots.

Thank you for your cooperation.

FITNESS & MOVEMENT

SESSION DATES:

9:00 – 10:00 AM Depot, LL
Monday, Wednesday & Friday.
\$24.00 per session.



Low impact aerobics for mature folks interested in maintaining & continuing good health. Good cardiovascular workout combined with muscle & joint strengthening.
 Bring sneakers, cool comfortable clothing & floor mat.

SENIORS-IN-MOTION

10:15 – 11:15 AM, Depot, UL
Wednesday.
\$24.00 per session.

An exercise class designed especially for seniors who want more than just a chair-exercise. Involves some standing.
 Improve balance, strength & stability.

Same dates as Wednesday; Fitness & Movement Classes.

CHAIR EXERCISE CLASS

10:30 – 11:30 AM, Depot, UL
Mondays & Fridays.
Class Fee: Free.



New participants welcome any time! Class designed for those who need to exercise while seated. Benefits: Muscle toning, joint flexibility & cardiovascular strength. Same dates as the Monday & Friday Fitness & Movement Classes. (ChairErcise)

Same dates as Fitness & Movement Classes.

EXERCISE & RELAX

w/HATHA YOGA w/Pat Velleca.
Tuesday @ Surf Club-
8:00-10:00 AM \$97.00 per session.

Yoga techniques are used to increase circulation & relaxation. Know your body physically & mentally through Hatha Yoga. Yoga postures provide deep tension release, stress control & an increase in energy. Suitable for all ages & conditions. Loose clothing & mats needed.

ART 101 – Tuesdays, 1:30 – 3:30 PM
Registration Fee: \$5.00.
New session begins in the FALL!

Art class taught by Muriel Waldvogel. Learn at your own pace & level of ability. Instruction in drawing, charcoal, pastel, watercolor, acrylics & oils. Please stop by the Depot for a list of supplies needed.

BINGO

St. Margaret's Bingo...
Wednesday, August 14, 2010.

**Thank you to the St. Margaret's
 Bingo Volunteer Coordinators!**

CARD PLAYING

Tuesdays & Thursdays 1:00 – 4:00 PM
Wanted BRIDGE players on Thursdays!

Bridge, Canasta, Pinochle,
 Setback & (Mah Jongg-Thursdays).

Looking for BRIDGE players on Thursdays! Call the Depot for details!

QUILTING

Looking for new members!
Pre-register in the Depot.
Meets Thursday afternoon!



Attention Quilters - Looking for new members!
Call to express interest. A great space to work!
Quilts for a CAUSE!-Have you added your name to our list?
Please pre-register for planning purposes!

MONTHLY SERVICES AT THE DEPOT. . .

<p>MEDICARE COUNSELING ... Unbiased information & assistance on Medicare, supplemental insurance, & Medicaid.</p>	<p>Carlos A. Maynard volunteers to assists Madison residents w/Medicare questions. “Medicare Monday” 9:00 to 11:00, <u>by appointment.</u> 1st Monday of the month. Call Heather @ 245-5687 to schedule an appointment.</p>
<p>BLOOD PRESSURE CHECK 12:30 PM @ the Depot. August 9 & 23, 2010</p>	<p>Service provided by VNA Services. BP Clinics held the 2nd & 4th Monday of the month @ the Depot. You may also have your BP checked the 1st & 3rd Tuesday of the month from 8:30-10:30 AM @ the Strong House. Blood Pressure Monitor also available for use in office. Just ask!</p>
<p>LEGAL ASSISTANCE, 3RD Thursday Monthly, Next date: August 19, 2010. 9:00 – 10:00 AM. <u>By appointment only!</u></p>	<p>Attorneys Thomas Cronan, Michael Sweeney & Timothy Shields offer counseling services on a one-on-one basis. <u>Appointments Required.</u> Call the Depot 245-5627 to make an appointment. Thank you to our legal team for their monthly assistance!</p>



AARP DRIVING SAFETY PROGRAM COURSES 2010

The Guilford & Madison Senior Centers have created a Shoreline Guilford/Madison AARP Safe Driving Class offered to seniors to sharpen driving skills & enjoy a discount on auto insurance. State law mandates that people 60 & older are entitled to a minimum 5% discount on the liability portion of their policy upon completion of the two-day, 8-hour course.

Classes held @ Guilford Community Center: No further classes this year in Guilford @ this current time!

Classes held @ Madison Senior Center: August 9-10, 1:00-5:00 PM, September 13-14, 5:00-9:00 PM, October 4-5, 1:00-5:00 PM, November 8-9, 1:00-5:00 PM.

Advance registration required: AARP members \$12.00 & Non Members \$14.00 checks made payable to AARP. Please bring your membership card at time of registration or we must charge the full registration price.

AARP also offers an online course @ www.aarp.org/drive

ART CLASSES

Instruction in drawing, charcoal, pastel, watercolor, acrylics, oils. Our Instructor is Muriel Waldvogel: Madison Artist, who volunteers her time and talent to teach our weekly program! List of art supplies available.

Classes are held in the lower level of the Depot. **New Session begins in the FALL!**

INTERESTED IN HORSESHOES?

Grab a partner and join the Co-Ed Senior Horseshoe League. Sign up at the office and we will notify you of the schedule by interest sign up. Play will be at Surf Club. Rules available at the Depot or the Recreation Department. \$10.00 Fee.

MEN'S SENIOR SOFTBALL

Games every Tuesday & Thursday morning @ Surf Club.

Stop by the Beach & Recreation Department @ Town Campus for an updated schedule.

SENIOR GOLF

Hit the links this season & find that Arnold Palmer hidden inside of you. Play different courses around the state Tuesday & Thursday including Portland West, Portland, Quarry Ridge, Timberlin, Stanley & others.

For registration information and a schedule contact the Recreation Department @ 203-245-5623.

LINE DANCING AT MEMORIAL TOWN HALL

New session begins in September! Pre-register @ the Depot or Beach & Recreation Department.

Gayle Melonson is our Line Dancing Instructor for seniors & class is held Mondays-1:30 PM @ the Memorial Town Hall.

FALL COMPUTER CLASSES

Fall Session of Computer Classes will be held on Tuesday mornings.

Session A: September 7, 14, 21, 28 @ 9:00-10:00 AM **Prog. # 100115-A**

Session B: September 7, 14, 21, 28 @ 10:00-11:00 AM **Prog. # 100115-B**

Session C: October 5, 12, 26, November 12 @ 9:00-10:00 AM **Prog. # 100115-C**

Session D: October 5, 12, 26, November 2 @ 10:00-11:00 AM **Prog. # 100115-D**

Session E: November 9, 16, 30, December 7 @ 9:00-10:00 AM **Prog. # 100115-E**

Session F: November 9, 16, 30, December 7 @ 10:00-11:00 AM **Prog. # 100115-F**



Each session runs for 4 weeks, \$20.00 per session.

COMPUTER FREE TIME

The computer area has a very busy schedule for personal use but please call to check on times that it is available! Sign in at the office. Looking for some volunteers to help coordinate effort with Elderwisdomcircle.org

SUMMER READING!

Need a book to enjoy on the lazy days of summer! Stop by the Depot to pick a favorite.

We have had a significant donation of great reads that a donor has shared with the seniors!

The "Wall of Information"

We continue to assemble and update written information that we have collected from our great seminars and volunteers are placing them in binders in our Library on the porch! If you could not attend one for some reason and would like to have the information, we would be happy to share this with you!

PROGRAMS & TRIPS

REGISTRATIONS OPEN: August 2, 2010 (Pre-Registration required for all events)

Refund requests will be issued if a seat can be filled from the waiting list.

BOCCE

Thursdays -9:30 AM @ the Surf Club!

Enjoy the beautiful Surf Club while getting some exercise! Call the Depot to let us know if you are interested in playing this year! Substitute players are always needed to fill vacancies!

Many subs played every week last year and had a great experience!

\$10.00 includes end of season picnic!

Tuesday evenings' Bocce players meet to practice! Bring a bag supper & meet some friends Enjoy the beauty in our very own backyard!



SUBMARINE FORCE LIBRARY & MUSEUM & NAUTILUS

Monday, August 16, 2010 Prog. # 700122-A

Enjoy a self-guided tour at the Submarine Force Museum, located on the Thames River in Groton, CT, which maintains the world's finest collection of submarine artifacts. The museum traces the development of the "Silent Service" from David Bushnell's Turtle, used in the Revolutionary War, to the Ohio and Virginia class submarines. It is the only submarine museum operated by the United States Navy. Aboard Nautilus, experience first-hand the thrill of being a submariner as you walk the decks that made Naval history.

Leave Depot at 9:30 am, Lunch on your own at "The Shack", \$5.00.

FARMER'S MARKET, HAMDEN, CT

Friday, August 13, 2010 Prog. # 100121-A

Peruse the Farmer's Market for fresh fruit and vegetables, which are locally grown. Kick back, relax, and enjoy music and entertainment while you have lunch from one of the vendors. **Leave Depot at 11:30 am, \$2.00.**

CAPTAIN JACK LOBSTER BAKE & CASINO

Wednesday, September 8, 2010 Prog. # 700114-A

Arrive at The Foxwoods Resort and Casino and spend a few hours enjoying the casino. Price includes a buffet coupon for breakfast and \$15.00 voucher for Lucky Seven Keno. At 2:00 pm travel towards Narragansett Bay in Rhode Island and enjoy a delicious Lobster Clambake at Captain Jack's in Wakefield. Lunch includes Cup of Chowder and Three Clam Cakes, Shrimp Cocktail w/three shrimp, Choice of 1 ¼ Whole Boiled Lobster or Prime Rib of Beef, an ear of corn, apple crisp w/ice cream, rolls, and a beverage. **Leave Commuter Parking Lot at 8:00 am, return approx. 6:00 pm \$65.00.**

"DRIVING MISS DAISY!" @ THE IVORYTON

Wednesday, October 6, 2010 Prog. # 100129-A

This graceful and moving drama by Alfred Uhry affectionately covers the twenty-five year relationship between a wealthy, strong willed Southern matron and her equally indomitable black chauffeur, Hoke; a delicate, funny, and bittersweet story.

Leave Depot @ 1:00 pm \$32.00.

ELIZABETH VONN TRAPP @ THE KATE!

Thursday, November 18, 2010 Prog. # 100130-A

Enjoy a luncheon at The Riverhouse at Goodspeed Station in Haddam, overlooking the Connecticut River and the Goodspeed Opera House. Then off to the new Katharine Hepburn Cultural Arts Center in Old Saybrook, CT for an afternoon of pre holiday entertainment featuring Elisabeth von Trapp, granddaughter of the legendary Maria and Baron von Trapp, whose story inspired the "Sound of Music" Choice for dinner: Prime Rib or Baked Stuffed Shrimp.

Leave Depot at 10:45 am, \$65.00.

NOW TAKING SUGGESTIONS FOR THE WINTER SCHEDULING

If you have an interest in a special, trip or activity contact the Senior Center or leave in the suggestion box

RETURN ADDRESS:
MADISON SENIOR SERVICES COMMISSION
DEPOT MEETING CENTER
9 OLD ROUTE 79
MADISON, CT 06443-2691
TELEPHONE: 245-5627

PRSR STD
U S POSTAGE
PAID
MADISON CT
PERMIT
NO. 140



**DATED MATERIAL
PLEASE DELIVER PROMPTLY**

Stay Tuned for these upcoming Trips and Activities
“What you need to know when you turn 65” Seminar.
A Fun Trip for the Holidays.
& A Shopping Adventure

Looking for BRIDGE players on Thursday afternoons @ 1:00 PM!



REGISTRATION OPENS; August 2, 2010!
Thank you for your cooperation!