

Trends & Traditions

April 2018

Madison Senior Center

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FEATURED EVENTS

WILL ROGERS FOLLIES at Goodspeed Opera House

Shake hands with the heartwarming humorist who spun a rope, poked fun at headlines and never met a man he didn't like. The rags-to-riches story of America's beloved stage, screen and radio star bursts to life as a Ziegfeld Follies-style extravaganza. Family, fame and fate are center stage in Will's rise from obscurity to stardom. Along the way he's arm-in-arm with vivacious showgirls and a slew of cowboys. Curtain up on the Tony Award-winning Best Musical that captures the American spirit at its up-tempo best. Center Orchestra seats. *Minimum of 6 required to send the trip.* **Depart MSC at 1pm, estimated return 5:15pm.**
Wednesday, May 9th Fee:\$64

BOCCE!!!

If you want to do something social, with a slight competitive edge this is for you. Bocce is held at the beautiful Madison Surf Club. Informational meeting and sign-ups will be held on Thursday, April 12th, at 9am. If you are signing up as a team, please bring a list of all team members with you with their payments Please be aware that anyone who has not yet done so will need to pay their membership dues \$15 for residents and \$20 for non-residents. *The season starts on Thursday, May 3rd and the end of season Bocce Picnic will be Thursday, Sept. 27th.*
Thursday, April 12th at 9am Fee: \$15

FIDELCO GUIDE DOG OPEN HOUSE (TOURS OF DISTINCTION)

The Fidelco Guide Dog foundation breeds and trains German Shepherd dogs to be paired with individuals who are blind. These dogs have to demonstrate intelligence, stamina, temperament and stability. It is their duty to keep their human partners safe at all times. The Open House is a wonderful way to tour their facility. There will be guide dog demonstration, puppy raiser demonstration, K9 police demonstrations, food trucks, vendors and puppies to mingle with and the option to be guided blindfolded by one of the guide dogs in training, they do ask for an additional \$5 fee for the blindfold walk. Also today, enjoy lunch at the USS Chowder Pot IV which has received many readers' polls awards. Please choose from: Baked Stuffed Sole (with Seafood Stuffing and Newburg Sauce), or Chicken Florentine (over Spinach with a Lemon, Wine Butter Sauce). Entrées will be served with: Salad, Rolls with Butter, Chef's Choice Potato, Chef's Choice of Vegetable, Dessert, Coffee, Tea, and Decaf. Please let the Senior Center know your entrée choice when you register
Saturday, May 19th, Depart MSC at 10:45am, estimated return 6pm. Fee: \$70

FINE ARTS & FLOWERS WADSWORTH ATHENEUM

Celebrate spring at the Wadsworth Atheneum's 37th Annual Fine Art & Flowers! Florists, garden clubs, and interior designers from across New England create floral arrangements and garden designs inspired by masterworks from the permanent collection to display during this museum fundraiser. More than 40 exceptional floral designs are expected this year, and will be showcased throughout the museum galleries beside the artworks that inspired them. Enjoy a lunch of a sandwich (Turkey and cheddar, Vegetable Panini with Basil pesto, Ham and Swiss with Sweet Hot Mustard, and a mixed green salad and a choice of beverages provided right at the Atheneum. Fee includes admission, lunch, and transportation.
Friday April 27th Depart MSC at 10am Fee: \$32

2018 SUMMER HOURS

will begin on May 1st and run through August 31st.

Hours will be as follows:

Monday thru Wednesday: 8:30am-4:00p

Thursday: 8:30am-6:00pm

Friday: 8:30am-2:00pm

Stay tuned for Special Event announcements. Dinner and a Movie, Happy Hours, Musical Entertainment and more!

GENERAL INFORMATION/ONGOING ACTIVITIES

MADISON SENIOR CENTER 29 BRADLEY RD.,MADISON, CT 06443

PHONE: (203) 245-5627

FAX: (203) 318-0670

WEBSITE: www.madisonct.org/seniors

HOURS: Mon.-Fri. 8:30am-4pm

SENIOR CAFÉ: (203) 245-5627

DIAL-A-RIDE: (203) 245-5695

MUNICIPAL AGENT FOR

THE ELDERLY:(203) 245-5687

SENIOR COMMISSION

Vice-Chairs Dr. Gerard Kerins
Wendy Oberg
Members James Ball
Sheri Puricelli
Dale Kach
Lori Murphy
John Dean

The Senior Commission meets on the second Thursday of the month at the Senior Center. The next meeting will be April 12th, 2018 at 5:30pm

SENIOR CENTER STAFF

Dir. of Senior Services.. Austin Hall
Asst. Director Heather Noblin
Program Coordinator Ellie Gillespie
Receptionist Peggy Zambarano
Chef Kevin Wolfe
Server Amy Butler
Server Laurie Bragg
Dishwasher Dan Lux
Bus Driver: Michael Rand
Bus Driver: Helen Sneider
Bus Driver: Dennis Marron

WILDFLOWERS OF ROCKLAND PRESERVE WITH BOB KUCHTA

The tour is led by the wonderful Bob Kuchta, who among many things is a Botanist. This walk through the woodlands of Rockland Preserve will be along the trails and gravel roadways located in the southern end of the Preserve. The tour will start at the trail head at Renee's Way and follow a portion of the Mattabesset Trail, Crooked Hill Road and the Boundary trail. The walking will be about 2 miles through the woods, so participants should be capable of walking along some rocky sections of road and trail. Sturdy shoes, a bottle of water and appropriate hiking clothes should be worn. Up to 50 types of ferns, groundcovers and wildflowers grow in this area, and many should be in flower during the walk.

Friday, May 4th, depart MSC at 9:30pm

FREE

LUNCH WITH TOM

Come enjoy lunch with our First Selectman, Tom Banisch. Tom joins us on the 3rd Tuesday of every month to have lunch and chat with Madison seniors. Bring your questions, concerns and compliments.

Tuesday, April 17th, at 11:30am Please Register

Lunch Fee: \$4

MAH JONGG GAME PLAY

It's a game of skill, strategy and a certain degree of chance. There are lots of opportunities to play at MSC. All are welcome!

Mon.: 11:30-3:30pm

Wed.: 9:30-3:30pm

Thursdays: 9:30-3:30pm

Fri.: 9:00-11:30am

ONGOING ACTIVITIES AT THE SENIOR CENTER

Bridge	Thursdays & Fridays	1 – 4pm
Canasta	Tuesdays	1 – 3:45pm
Coloring Club	Wednesdays	1:30 – 2:30pm
Hand & Foot	Fridays	1:30 – 3:45pm
Cribbage	Mondays	1 – 3pm
Knitting	2 nd & 4 th Mondays of the month	3:30 – 6pm
Poker	Mondays & Wednesdays	12:45 – 3pm
Men's Poker	Tuesdays	12:45 – 3:45pm
Quilts of Joy	Tuesdays	1:15 – 3:30pm
Walking Club	Mondays Tuesdays Wednesdays	10am

MESSAGES FROM THE MUNICIPAL AGENT

CONNECTICUT ENERGY ASSISTANCE PROGRAM

Last Day for Fuel Deliveries is March 15th

Helps to offset heating expenses during the winter. All fuel sources welcome to apply. An applicant must meet income & asset guidelines. Income and assets are counted for ALL members living in the home. Asset limit for homeowners is \$15,000 & for renters is \$12,000. Proof of all income, rent, & utility expenses, & bank statements for the month prior to the application date are required. Monthly Income: Single: \$2,863, Couple: \$3,745

TAX DEFERRAL PROGRAM

Application Deadline May 15th

Eligible applicants can defer payment of the real estate taxes for as long as they meet the qualifications of the program. Deferral of taxes cannot exceed \$8,000 in any one tax year. Tax deferrals will be secured by a lien in the full amount and an interest rate is charged. The current interest rate is 1%. An applicant must first apply for the Tax Relief Program to be eligible for a deferral. 2017 Maximum Annual Income: \$65,679

TAX FREEZE PROGRAM UPDATES

Application Deadline May 15th

The Town of Madison offers eligible applicants an opportunity to freeze their tax rate to help budget and save money over time. A qualified applicant will need to meet requirements for years of residency, as well as income, and assessed value of their home. Please file your 2017 income taxes first and stop in to the Senior Center for the specific guidelines.

REMINDER: SENIOR & DISABLED TAX RELIEF PROGRAM

Application Deadline May 15th

The Town of Madison and State of CT offer tax relief for elderly and/or totally disabled residents that own and occupy their property as a primary residence. There are income, age, and residency requirements in order to be eligible and qualify for the program. Please stop into the Senior Center for a complete list of guidelines. 2017 income taxes must be filed prior to appointment. Maximum Annual Income: \$65,679.

MEDICARE SAVINGS PROGRAM

On January 3rd, 2018, Governor Malloy extended the implementation of the income changes for the program until July 1st, 2018. For the most up-to-date information regarding this program, please contact the Senior Center.

MEMBERSHIP FEE ASSISTANCE PROGRAM

If you are a Madison Resident and cannot afford the annual membership fee of \$15, the Madison Senior Center will waive the annual fee for those folks who qualified under the Connecticut Energy Assistance guidelines, State Tax Relief Guidelines, or State Renters Rebate Program. Please contact Heather Noblin for assistance.

NEW MEDICARE CARDS

The Centers for Medicare & Medicaid Services (CMS) is required to remove Social Security Numbers (SSNs) from all Medicare cards by April 2019. A new, unique Medicare Number will replace the SSN-based Health Insurance Claim Number (HICN) on each new Medicare card. Starting April 2018, CMS will begin mailing new Medicare cards to all people with Medicare on a flow basis by geographic location and other factors. The new cards for Connecticut are scheduled to go out after June 2018. For more information regarding the new Medicare cards stop into the Madison Senior Center for a copy of "10 things to know about your new Medicare card."

CAREGIVER SUPPORT GROUP

Join VNA's Caregiver Support Network for an interactive, confidential support group. Share experiences, discuss ideas and problem-solve with other caregivers. Discuss different options such as: Curative, Palliative or Hospice Care. Group meets the 3rd Tuesday monthly at MSC. Tuesday, April 17th, 11–12pm FREE

SEMINARS, SERIES AND WELLNESS PROGRAMS

SENIORS NEWCOMERS' CLUB

Have you just relocated or recently retired to the Shoreline? We welcome you to join our newcomers' club designed to acquaint new residents with the community. We look forward to meeting you for fun, friendship and great conversation! In April we will meet at a Hanami Restaurant in Clinton for a Hibachi lunch.. For more info, or to RSVP, please contact Jennie at newcomersclub15@gmail.com

Monday, April 9th at 12 noon, email Jennie for details. New to the area? Come see what we programs and services we offer at the Senior Center.

Tuesday, April 10th at 1pm Free
Please register with the Senior Center for this event.

CREATIVE WRITING

Write and share your thoughts, values and life lessons with other Seniors. Stimulating topics will be suggested each session and may be expressed in prose or poetry, as fiction or creative non-fiction. Attendees should be good listeners, maintain confidentiality, with willingness to share and contribute to discussion. Please register for this event.

Mondays, 1-2:30pm **FREE**

THE NIMBLE THIMBLE NEEDLEPOINT GROUP

Cynthia Barker, an experienced needlepoint teacher is running a needlepoint group at the Senior Center. There will be instruction and a project for beginners as well as offering a place for more seasoned needle workers to complete their unfinished projects. The group is free but the beginner needlepoint kits will have a fee of \$15. **Thursdays, 10-11:30am** **PLEASE REGISTER** **FREE**

ARTISTS' GROUP

Come get your creative juices flowing! Join other artists to work on a current project or start one here. The group will be monitored by longtime past instructor Muriel Waldvogel. Please Register

Tuesdays, 1:30-3:30pm **FREE**

LIVING WITH ANIMALS

This is a group for all of us who live with animals and couldn't imagine life any other way. We will discuss the joys and sorrows, and problems and privileges of animal companionship, the latest trends in care and feeding and share our collective knowledge and wisdom of life with animals. The group will meet on the third Tuesday of the month, and will be facilitated by Ellie Gillespie. Please register for this group. **Tuesday, April 17th at 1pm** **FREE**

SENIOR BOOTCAMP

All essential components of fitness including cardiovascular, muscular strength and endurance, flexibility, balance training, and wellness education will be included **Mon.& Wed. 4/9 – 7/11 at 5:30pm.**

(No Classes on 5/28 or 7/4)

Fee: MM\$45 | NMM\$55

EXERCISES FOR BETTER BALANCE

An education and exercise program focusing on heart health and fall prevention. For all exercise levels.

Tues. & Thurs. 4/10-6/28 at 2:30pm.

Fee: MM\$35 | NMM\$45

SWEDISH WEAVING

Swedish Weaving is a very relaxing and fun needlecraft that dates back centuries. The beauty of this needlecraft is that it only requires a few items: Monk's cloth, 4-ply yarn, a #13 yarn needle, scissors, a pattern, and the desire to create a unique, impressive handcraft. Start with a small project, instructor Dolores Sacridier will explain what is needed. New students welcome!

Tuesdays beginning April 3rd from 10am-12pm
PLEASE REGISTER

MOVIE MATINEE

Movies begin at 1pm

4/6 Anatomy of a Murder (2h 40m)

4/13 Inherit the Wind (1h 53m)

4/20 In Cold Blood (2h 14m)

4/27 Witness for the Prosecution

MSC ART GALLERY

View our next exhibit of photography by *Coastal Camera Club*. The show will run from March 5th through April 15th and is open Monday thru Friday from 8:30am-4pm (Please call the Senior Center for alternate times.)

The Art Gallery is a rotating gallery with a new local artist every 6 weeks. We are currently looking for new exhibitors. If you would like to showcase your work, please contact us for information.

GENERAL INFORMATION/ONGOING ACTIVITIES

LEGAL ASSISTANCE

Thurs., Apr. 1st & 19th 9-10am

Attorneys from Cronan and Shields offer private 15 min. counseling services Call the MSC for an appointment.

HANDICAPPED PARKING PERMIT APPLICATION

Permit applications are available in the Senior Center office.

MEET, MINGLE & MUNCH SOCIAL GROUP

Do you like to do things, but not alone? At the 3M's social group you can join others for fun activities and events. Meet us at **5pm** on the **2nd** Wednesday of the month at a local restaurant. *Call Adele Campanelli for details (203) 245-1651*

ASK THE NURSE

VNA Nurse comes to MSC on the 2nd and 4th Tuesdays of the month, and can check your blood pressure, pulse and weight. She can also review your medications, help you to create a medication list, help you prepare for an appointment with your doctor. **Please register.**

Tuesday, Apr. 10th & 24th at 12:30pm

HEALTH TALKS

Acupuncture with Tim Trahant –Tim has worked with professional athletes from all major sports, principally the Boston Bruins from 1993-1998 as their Rehabilitation Specialist. In 2000, Tim graduated summa cum laude from Emperor's College in Santa Monica, CA in Traditional Chinese Medicine. Tim blends both Eastern and Western therapies which allows for a medicine that can breathe, adjust and adapt to each patient's needs and goals. Tim will explain the general concepts of Acupuncture and why it is has been such an effective therapy for so many centuries. **Monday, April 23rd, at 2:30pm FREE**

THE EIGHTEEN MOVEMENTS FOR HEALTH Come learn The 18 Movements, an easy to learn sequence of exercises that will help increase flexibility and strength while promoting circulation, cultivating balance and reducing stress. Wear loose comfortable clothes. Maureen has years of experience teaching exercise.

(Min. 18 students needed) Thursdays, Apr. 5th-May 10th at 10am
Fee: MM\$24 | NMM\$34

DIAL-A-RIDE

Mondays, Wednesdays and

Fridays from 8:45am to 3:30pm
(203) 245-5695 or (203) 245-5627

Transportation for Madison residents age 60 or older and disabled Madison residents over the age 18 having certification of a medical disability. Rides are given in a 14 town region for medical appointments, and personal business on a first come first served basis, so call early as we are often booked several days in advance.

TECH SUPPORT

Have an iPad or a smart phone and don't know how to use it? Get all your questions answered for free at the Madison Senior Center. The Scranton Library Teen Advisory Group and Madison Youth & Family Services will be offering free learning sessions. Teen Volunteers will be available to answer your questions.

Monday, Apr. 30th at 4pm
Please register with Kirsty Smith at the Scranton Memorial Library (203) 245-7365, to receive updates regarding cancellations.

MEALS-ON-WHEELS

by Madison Senior Center
Meals delivered around noon to the homebound or recently recovering. Need 5 days notice & a doctor's referral.

SENIOR CENTER BUS

Monday - Friday 9am to 3:30pm

A fixed route service to the MSC, downtown, and grocery shopping.

MASSAGE THERAPY

Loosen up those tight muscles and get the blood flowing with a twenty minute chair massage. Let an experienced massage therapist help you achieve your wellness goals and feel better in the process. Teresa Resnick, LMT since 1984
Friday, Apr. 6th and 20th
Fee: MM\$24 | NMM\$34
Call Senior Center for appointment.

HEARING CLINICS

Nancy Jablonski, from Audiology Concierge will be at the Madison Senior Center every month, for free hearing testing, hearing aid checks, wax inspection, and listening demonstrations.

Monday, Apr. 16th

By Appointment Only

DROP-IN

DUPLICATE BRIDGE

Begin the session with a mini-lesson with the Director. The games that follow will be "supervised," questions about bidding or plays as you play the hands are allowed. Come with a partner, if you can't find a partner, you can call the Director to be paired with someone. Dir: Connie Graham (860) 505-7833
Fridays, 12:15–3:30pm
Fee: \$6/class

EXERCISE AND HEALTH PROGRAMS

EXERCISE WITH PATTY VELLECA SENIORS IN MOTION

Seated and standing exercise.
Increase muscle tone, joint
flexibility & cardiovascular strength.

Mondays - 10:30–11:30am

Apr. 2nd - 30th MM\$30 | NMM\$40

Minimum Needed: 7

Wednesdays - 10:30–11:30am

Apr. 4th - 25th MM\$24 | NMM\$34

Minimum Needed: 7

Fridays - 10:30–11:30am

Apr. 6th - 27th MM\$24 | NMM\$34

Minimum Needed: 7

EXERCISE & RELAX YOGA

Hatha Yoga is used to increase
circulation and relaxation. Yoga
postures provide deep tension
release, self- control, and they
increase energy.

Mondays - 9:30–10:30am

Apr. 2nd - 30th MM\$42 | NMM\$52

Minimum Needed: 5

Tuesdays 9:30–10:30am

Apr. 3rd - 24th MM\$34 | NMM\$44

4 Classes

Minimum Needed: 5

CHAIR YOGA

A gentle form of yoga that is prac-
ticed sitting on a chair intermingled
with mindfulness and meditation.

Wednesdays - 1–2pm

Apr. 4th - 25th

MM\$21 | NMM\$31

Minimum Needed: 8

ACTIVE STRENGTH & FITNESS CLASS DEMO

This class is designed for *active
seniors* who want a great workout
that includes Yoga stretching,
working with weights and low
impact aerobics.

Fridays - 9:30-10:30am

April 6th - 27th

MM\$42 | NMM\$52

Minimum Needed: 5

TAI CHI

T'ai Ch'uan is a gentle way to
nourish body, mind, and spirit.
The slow movements can improve
health, vitality, balance, and
concentration. (5 classes).

Instructor: Suzanne Hanley

5 Classes
Mondays, April. 2nd - 30th 9-10am

Min. Needed: 9 Fee:

MM\$27 | NMM\$37

4 Classes

SEATED TAI CHI CLASS

Join us for this free demonstration
of Seated Tai Chi. Classes are
adapted to any level of ability.

Gentle rhythmic patterns of
movement offers over all well-
being, including increased strength
and flexibility, as well as improved
posture and circulation. Instructor:
Kim Langley Registration required

Demo: Tuesday, Apr. 24th at 1pm.

4 Classes
Class: May 1st - May 29th at 1pm.

5 Classes
Fee: MM\$40 | NMM\$50

NO EXCUSES TAP DANCE CLUB

Tap dancing is not only great
exercise, it's also great for your
memory, sequencing skills, large and
small motor skills, balance, core
muscle work, right and left brain
work, a great workout, and fun too!

Dancers get together to practice
weekly without an instructor.

Thurs. 11:30am-12:30pm

Tap shoes & registration required.

4 Classes
Instructor Annette Smith will be

here on: Thurs., Apr. 12th

Fee: MM\$12 | NMM\$22

WALKIE TALKIES

If you are tired of walking alone and
want to meet other walkers. Walk
with us weather permitting **on Mon.**
& **Tues.** at the MSC at 10am.

We will resume walking the
Madison section of the Shoreline
Greenway Trail on **Wednesdays at**
4 Classes
10am in the spring.

New Session

Registration Deadline:

Friday, March 23rd.

**Sadly, if minimums are
not met, we will have
to cancel classes.**

BALLROOM LINE DANCING

Reminisce with songs and dances
you love, enjoy the memories they
evoke while having fun and getting
fit. Instructor: Karen Pfrommer
(6 classes)

Mondays, Apr. 2nd-May. 7th

2-3pm Minimum: 6

Fee: MM\$36 | NMM\$46

MEDITATION WITH BETH

Meditation is a practice that
refreshes the mind, expands your
capacity for happiness, well-being,
love, creativity and ease. Learn to
live your life with less stress and
anxiety and create more clarity,
focus, compassion and joy. A
regular practice of meditation
creates changes in the brain
physiology and can alter our genes!
This course is designed for both
new meditators and for experienced
meditators. (3 classes)

Min. needed: 7

**Tues., Apr. 3rd, 10th & 24th
at 10:30am**

Fee: MM\$26 | NMM\$36

MSC BOOK CLUB

The next meeting will be
Thursday, April 26th, discussing *Miss
Julia Speaks Her Mind*
Meetings begin at 1pm. Please Register.

MADISON SENIOR CENTER DAY TRIPS

Mohegan Sun

Friday, April 13th

Every turn leads to a new adventure. Food vouchers & bet coupons included. To register for the Mohegan trips: The Mohegan trip take place on the second Friday of every month. Madison members may sign up starting on the Monday following the trip. Non Madison members may sign up on the Thursday following the trip. You do not need to wait for the month in which the trip is taking place, to register. Please Note: in May we will begin Summer Hours (see page 1) and Mohegan trips will take place on the first Monday of the Month. Depart MSC at 9am. Fee: \$7

Fine Arts & Flowers

Wadsworth Atheneum

Friday April 27th

Celebrate spring at the Wadsworth Atheneum's 37th Annual Fine Art & Flowers! Florists, garden clubs, and interior designers from across New England create floral arrangements and garden designs inspired by masterworks from the permanent [collection](#) to display during this museum fundraiser. More than 40 exceptional floral designs are expected this year, and will be showcased throughout the museum galleries beside the artworks that inspired them. Enjoy a lunch of a sandwich (Turkey and cheddar, Vegetable Panini with Basil pesto, Ham and Swiss with Sweet Hot Mustard, and a mixed green salad and a choice of beverages provided right at the Atheneum. Fee Includes admission, lunch, and transportation. Depart MSC at 10am Fee: \$32

The Will Rogers Follies

Goodspeed Opera

Wednesday, May 9th

Shake hands with the heartwarming humorist who spun a rope, poked fun at headlines and never met a man he didn't like. The rags-to-riches story of America's beloved stage, screen and radio star bursts to life as a Ziegfeld Follies-style extravaganza. Family, fame and fate are center stage in Will's rise from obscurity to stardom. Along the way he's arm-in-arm with vivacious showgirls and a slew of cowboys. Curtain up on the Tony Award-winning Best Musical that captures the American spirit at its up-tempo best. Center Orchestra seats.

Depart MSC at 1pm, estimated return 5:15pm. Enrollment of 6 required to send the trip

Fee:\$64

New York City Ballet

Meet the Dancer/Balanchine Black and White

Sunday, June 3rd

Get prepared to experience NYC through artistic dance! Spend some time at Chelsea Market for lunch on your own. While at Chelsea Market, feel free to go on the High Line. The High Line is a public park that was built from an historic elevated freight rail line that went above the streets of Manhattan's West Side. The High Line is complete with beautiful public gardens. Also today, take the opportunity to participate in a one-of-a-kind behind the scenes experience that will allow you to get to know a New York City Ballet dancer. The artist will immerse the group into the life of a Company member while sharing interesting moments from the history of both NYCB, and the David H. Koch Theater (which is their home). Once the Meet the Dancer experience has finished, settle into your seat for an exciting New York City Ballet show, Balanchine Black and White. Three unequivocal masterpieces (Concerto Barocco, Agon, and The Four Temperaments) honor Balanchine's groundbreaking Black and White ballets. This modernly styled but classically grounded program displays a visual accompaniment to Bach's double violin concerto, which is an athletic contest to compliment Stravinsky's dissonant sounds, and an angular exploration of Hindemith's consuming moods.

Depart MSC at 7:15am, estimated return: 9:00 pm,

Fee: \$162

The Glass House

New Canaan, CT

Monday, June 18th,

[The Glass House](#), built between 1949 and 1955 by famed architect Philip Johnson, is one of the nation's greatest modern architectural landmarks. Inspired by Mies van der Rohe's [Farnsworth House](#), the Glass House's exterior walls are made of glass with no interior walls, a radical departure from houses of the time. The pastoral 49-acre landscape comprises fourteen structures, including the Glass House (1949), and features a permanent collection of renowned 20th century painting and sculpture, along with temporary exhibitions. There will be some walking over grass and up an incline. After the tour you will have lunch on your own at The Gates Restaurant in New Canaan. Registration Deadline is 5/14/18 (Min. number of travelers required is 10, max is 13). Depart MSC at 9am for an 1¼ hour guided tour at 10:30. Fee: \$45

MADISON SENIOR CENTER TRAVEL ADVENTURE

Wonders of China & the Yangtze River

Collette Tours

October 10th – 28th

19 Days 40 Meals: (17 breakfasts, 14 lunches, 9 dinners) Experience China's marvels, ancient and modern, rural and cosmopolitan, on this fantastic 19-day tour that features a relaxing 4-night upstream cruise of the Yangtze River. Discover for yourself the mysterious Forbidden City and the immense Tiananmen Square. Great Wall of China is next, one of the world's most incredible wonders. Learn about the wall's history before taking a memorable walk on the Juyongguan section, one of the most famous passes along this epic structure. After this bucket list event, visit a jade museum to learn about the jade-making process. Then return to the city, driving past the Olympic Village. Float by the dramatic scenery of the Three Gorges and steep cliffs of the Qutang Gorge. Marvel at an acrobatic show. Then your guided tour allows you the rare opportunity to see the Giant Panda in its natural environment. Learn how China's national treasure is being brought back from the edge of extinction. The sanctuary is also home to the rare Red Panda. Enjoy an afternoon visit to the Du Fu Thatched Cottage, the former home to the poet known as the "Shakespeare of China." Try your hand at the art of Chinese calligraphy and take a tai chi lesson. Enjoy a full-day visit to the Longji Rice Terraces. Known as the Dragon's Backbone for its scaly appearance, the terraces are actually rows and rows of stunningly colorful rice paddies. Walk through the fields and the nearby villages, meeting local residents along the way. Experience both old and ultra-modern China in Shanghai. Pricing: (Booking before 4/11/2018) Double: \$5,999pp; Single: \$7,399pp. Our Collette webpage for this trip is: <https://gateway.gocollette.com/link/821453>. Presentation on April 9th at 10 am. We will also be going over the details

Christmas Market Tour

Austria, Switzerland And Germany

December 1st-9th

(9 days, 11 Meals: 7 Breakfasts, 4 Dinners) Experience the 600-year-old holiday spirit of "Christkindlesmarkts" in Germany, Austria and France. Sip mulled wine and collect unique handicrafts, hand-made ornaments and toys at some of the largest and most famous Christmas markets in Europe. Spend three nights in the traditional Alpine village of Oberammergau and two nights in the heart of the Black Forest. Bask in holiday cheer as you stroll along the cobblestone streets of Innsbruck, capital of Tyrolean Austria. Explore historic Nuremberg, Würzburg and Rothenberg, some of the best preserved medieval towns in Europe. Visit the famous Nuremberg Christmas Market dating back to 1628, where you can sample sausages and gingerbread. In Innsbruck, embark on your choice of a cultural or architectural walking tour. Explore Strasbourg's Petit France and its quaint market stalls huddled around the imposing cathedral. Come hear all the details of this magical trip that will have you home for Christmas with the best presents ever! Pricing: Double: \$2,899pp; Single: \$3,149pp Special Presentation on Monday, April 9th at 10am

Spain's Costa del Sol & the Portuguese Riviera

Collette Tours

April 25th—May 7th

(13 days, 17 Meals: 11 Breakfasts, 6 Dinners) Relax on the Costa del Sol. Enjoy a true taste of the Iberian Peninsula. In Madrid, you choose your experience: a city tour and tour of the renowned Prado Museum with a local expert, or a walking tour of the city's Hapsburg-era architectural treasures. Travel via high-speed train to the Moorish city of Cordoba. Relax in Malaga's paradior on the Costa del Sol. Tour Granada's Alhambra Palace. Marvel at the architecture of the Cathedral of Seville, third largest in the world. Visit Ronda, an architectural marvel in Andalucía. Choose from a panoramic tour of Lisbon with a visit to the coach museum or a walking tour of the Moorish Alfama Quarter with a visit to Sao Jorge castle. Enjoy a 4-night stay on Portugal's Riviera. Visit the Mafra Palace and Monastery, one of the most impressive Baroque buildings in Portugal. Travel the Silver Coast and visit Fatima, the world-famous pilgrimage site. Enjoy leisure time for independent explorations. A *Special Presentation is scheduled Thursday, May, 17th at 10:30am.* Pricing: Double: \$3,999pp; Single: \$4,549pp; Triple \$3,949pp (Booking before 10/26/2018)

To see our menu please copy this link into your browser:
<http://www.madisonct.org/775/Senior-Center-Lunch-Menu>

MISCELLANEOUS NOTES

INTERGENERATIONAL BOOK CLUB

Share your love of books and exchange ideas. Fourth grade students from Country School partner with MSC and will read the same book. Gather either at the Senior Center or at the Country School to discuss the book. Discussion led by Heather Butler.

PLEASE CALL TO REGISTER.

Wednesdays, Apr. 4th & 18th, and May 2nd & 9th at 10:30-11:15am Free

Collette Travel Presentation

CHRISTMAS MARKET TOUR

Experience the 600-year-old holiday spirit of “Christkindlesmarkts” in Germany, Austria and France. Sip mulled wine and collect unique handicrafts, hand-made ornaments and toys at some of the largest and most famous Christmas markets in Europe. Spend three nights in the traditional Alpine village of Oberammergau and two nights in the heart of the Black Forest. Bask in holiday cheer as you stroll along the cobblestone streets of Innsbruck, capital of Tyrolean Austria. Explore historic Nuremberg, Würzburg and Rothenberg, some of the best preserved medieval towns in Europe. Visit the famous Nuremberg Christmas Market dating back to 1628, where you can sample sausages and gingerbread. In Innsbruck, embark on your choice of a cultural or architectural walking tour. Explore Strasbourg’s Petit France and its quaint market stalls huddled around the imposing cathedral.

Come hear all the details of this magical trip that will have you home for Christmas with the best presents ever!

Monday, April 9th at 10am For anyone interested we will also be going over

The Wonders of China and the Yangtze River trip details again at this presentation.

HOW DOES YOUR CAR FIT YOU?

Come to a free 12-point check to make sure your car is properly adjusted to fit you.

When: April 24th, 2018

Time: 1- 3pm

Where: Madison Senior Center

CarFit is not a driving test, only a safety check. Sponsored by Madison Senior Center & Quinnipiac University.

Call at (203) 245-5627 for an appointment