

Trends & Traditions

November 2018

Madison Senior Center

Featured Events	1
General Information/Ongoing Activities	2
Messages from the Municipal Agent	3
Clubs, Groups and Bridge.....	4
General Information/Ongoing Activities	5
Exercise & Health Program.....	5
Madison Senior Center Day Trips.....	7
Madison Senior Center Travel Adventures	7
Back Pages	9

FEATURED EVENTS

CHLOE MAYNARD

Recording artist and singer/songwriter, Chloé Maynard, will be joining us for a celebration of some of the great women of song. Ms. Maynard will be singing hits from the 60s and 70s with a focus on some of the great hits sung by females of this era. Chloé Maynard has recorded for Blue Reality Records and is in demand as a soloist at concert venues and gatherings throughout the Northeast. Her rendition of our National Anthem is in demand at professional stadiums and arenas throughout Connecticut. Ms. Maynard is currently developing her talent as a soloist and performer for concert and stage. Please register for this very special treat!

Thursday, Nov. 15th, at 4pm at MSC FREE

Please Note:

the Madison senior center
will be closed on the following
days in November:

Tuesday, Nov. 6th - Election Day.

Monday, Nov. 11th, for Veteran's Day

Thursday, Nov. 22nd & Friday, Nov. 23rd for the Thanksgiving Holiday

NEWSLETTER HIGHLIGHTS

Chamber Music at Yale	2	November Menu	11
Messages from the Municipal Agent	3	AARP Drivers' Safety Class	Back Cover
Exercise & Wellness Programs	6	Voting Transportation	Back Cover
Trips	7 & 8	Safety check List	Back Cover

LEARN UKULELE WITH PETER

Classes for beginners and up at the Madison Senior Center. Ukulele performer and teacher Peter Magrane. Peter grew up in New York and as a young musician was exposed to Greenwich Village's folk, blues, rock 'n' roll and jazz scenes. He has spent extensive hours performing at numerous hospitals, nursing homes, coffee houses and bars throughout the United States. He is a well-rounded musician who loves working with children and adults. As a performer and teacher Peter believes the ukulele holds an important place in music and music education for all ages. Come join Peter and other seniors to learn to play this wonderful versatile instrument. If you have a ukulele bring it along!

Wednesdays, Nov. 7th-28th at 10am Fee: \$34

ALL ABOUT PROBATE COURT

Our Probate Judge Peter Barrett will be visiting us once again to discuss "*What We Should Know About Our Probate Court*," followed by Q & A with Judge Barrett. So bring your questions and have them answered by the best source on the subject we can find! **Registration required. Thursday, November 1st at 1pm FREE**

NOVEMBER SHOPPING TRIPS

Come shopping with us and avoid the traffic and parking nightmares. Registration Needed.

Lavender Pond:

Wed., Nov. 7th depart at 1pm Fee: \$4

BISHOPS ORCHARD MARKET:

Wed., Nov. 21st depart at 1pm Fee: \$2

WESTFARMS MALL:

Wed., Nov. 28th depart at 9am Fee: \$7

GENERAL INFORMATION/ONGOING ACTIVITIES

MADISON SENIOR CENTER

29 Bradley Rd, Madison, CT 06443

PHONE: (203) 245-5627

TTY: 203.245.5638

FAX: (203) 318-0670

WEBSITE: www.madisonct.org/seniors

HOURS: Mon.-Wed. 8:30-4pm

Thurs.: 8:30 - 6; Fri.: 8:30 – 2pm

SENIOR CAFÉ: (203) 245-5627

DIAL-A-RIDE (203) 245-5695

Operates on Mondays, Wednesdays and Fridays only.

MUNICIPAL AGENT FOR

THE ELDERLY (203) 245-5687

SENIOR COMMISSION

Vice-Chairs Dr. Gerard Kerins
Wendy Oberg

Members James Ball
Sheri Puricelli
Dale Kach
Lori Murphy
John Dean
Jim Ryan
Ruth Diona

The Senior Commission meets on the second Thursday of the month at the Senior Center. The next meeting will be

Oct. 11th at 5:30pm

SENIOR CENTER STAFF

Dir. of Senior Services	Austin Hall
Asst. Director	Heather Noblin
Program Coordinator	Ellie Gillespie
Receptionist	Ari Potter
Chef	Kevin Wolfe
Server	Amy Butler
Server	Laurie Bragg
Dishwasher	Dan Lux
Bus Driver:	Michael Rand
Bus Driver:	Helen Sneider
Bus Driver:	Dennis Marron
Bus Driver	Tom Lufsey

FROM THE DIRECTOR

Happy Thanksgiving! It's hard to believe we are beginning the holiday season. It seems like just yesterday the Senior Center was open as a Cooling Center. This time of year is a great opportunity to reflect on and be thankful for what you have. You should take time each morning or before bed to think about all you have to be thankful for. Whether it's going to sleep in a warm bed, the delicious dinner you had, a phone call with a friend or the positive appointment at the doctors. Being thankful is a healthy way to beat the winter blues and a way to bring positivity to your life. Give it a try!

The Scranton Library now has a temporary location at Madison Earth Care (1250 Durham Road), across from the North Madison Fire House. We know how important libraries are to you and we want you to be able to have access to the temporary location. If you need a ride to the library, we can provide one for you. The Senior Center can provide transportation to and from the library on Mondays, Wednesdays, Thursdays and Fridays. If you wish to take us up on this offer, please call us to schedule a ride.

Best, *Austin*

LUNCHTIME CHAMBER MUSIC AT YALE

The chamber music program at Yale School of Music is unique in that all performance faculty coach chamber music, and all students are involved in chamber music for their entire time in school. Chamber assignments are organized by the chamber music department, and ensembles receive weekly coachings by performance faculty members.

Admission is free. Due to the timing of this concert we suggest you pack a lunch to eat on the bus. A cooler with ice will be provided for anything that needs to be kept cold.

Nov. 14th, depart MSC at 11:30am Bus Fee: \$5

POLDARK

In the late 18th century, Ross Poldark returns from the American War of Independence to his home in Cornwall, England after three years in the army. Upon his return home, he discovers his father has died, his estate in ruins and in debt, and his childhood sweetheart Elizabeth is engaged to his cousin Francis. In town, he encounters a young woman

named Demelza, dressed as a boy. After learning that her father beats her, Poldark offers her lodging and work as a kitchen maid. He then strives to help his father's tenants and the people of the village while attempting to run the copper mines he inherited, and are sought after by his rival, the

greedy and arrogant George Warleggan. It is a delightful tale full of twists and turns, characters to love, characters to hate and plenty of intrigue delivered in the way only Masterpiece Theater can. Please register for this event.

Thursdays at 4pm FREE

MESSAGES FROM THE MUNICIPAL AGENT

MEDICARE'S ANNUAL OPEN ENROLLMENT PERIOD

This is the time of year to look over your health insurance and prescription drug coverage and consider whether you would like to make changes for 2019. The open enrollment period is from October 15th through December 7th. The Senior Center has two CHOICES trained Medicare Counselors, Austin Hall, the Director and Heather Noblin, the Assistant Director. They are able to help you navigate through your options. **Consultations are by appointment only.**

HOLIDAY FOOD BASKETS

Each year Madison Community Services collects donations from area residents to help make the holidays a little extra special. Holiday Food Baskets are available for Thanksgiving, Christmas, and Easter. They are filled with all the fixings that make holiday meals great. Please let me know ASAP if you would be interested in receiving a delivery. Deliveries to seniors in town will be made on the afternoon of **Monday, November 19th, 2018.**

CONNECTICUT ENERGY ASSISTANCE PROGRAM

Early Application Intake begins Aug. 15th Helps to offset heating expenses during the winter. All fuel sources welcome to apply. An applicant must meet income & asset guidelines. Income and assets are counted for **ALL** members living in the home. Asset limit for homeowners is \$15,000 & for renters is \$12,000. Proof of all income, rent, & utility expenses, & bank statements for the month prior to the application date are required. **Last year's Guidelines: Monthly Income: Single: \$2,863, Couple: \$3,745**

MADISON SENIOR CENTER DINING PROGRAM ASSISTANCE

The cost of the lunch program is \$4.00 per meal. We understand that the cost could be burdensome for some seniors and we have developed the following guidelines for assisting those who cannot afford to eat at the Senior Center each day. We will use Energy Assistance guidelines to help us determine what level of assistance you can receive. Please see the guidelines listed below:

Income Number of Possible Meals Subsidized Per Week

<\$1,005/Month 4 meals/week maximum

\$1,006-\$1,257/Month 3 meals/week maximum

MEMBERSHIP FEE ASSISTANCE PROGRAM

If you are a Madison Resident and cannot afford the annual membership fee of \$15. The Madison Senior Center will waive the annual fee for those folks who qualified under the Connecticut Energy Assistance guidelines, State Tax Relief Guidelines, or State Renters Rebate Program. Please contact Heather Noblin for assistance.

NEW MEDICARE CARDS

The Centers for Medicare & Medicaid Services (CMS) is required to remove Social Security Numbers (SSNs) from all Medicare cards by April 2019. A new, unique Medicare Number will replace the SSN-based Health Insurance Claim Number (HICN) on each new Medicare card. **The wave of New Medicare Cards for Connecticut has been completed.** The cards were mailed in a non-descript white envelope. If you did not receive your card, or inadvertently threw it out, please call **1-800-Medicare** and request another copy. For more information regarding the cards stop into the Madison Senior Center for a copy of "10 things to know about your new Medicare card." **Lamination available at the Senior Center.**

CAREGIVER SUPPORT GROUP

Join VNA's Caregiver Support Network for an interactive, confidential support group. Share experiences, discuss ideas and problem-solve with other caregivers. Discuss different options such as: Curative, Palliative or Hospice Care. Group meets the 3rd Tuesday monthly at MSC. **Tuesday, Nov. 20th, 11-12pm FREE**

CLUBS, GROUPS AND BRIDGE

MAH JONGG GAME PLAY

It's a game of skill, strategy and a certain degree of chance. Lots of opportunities to play at MSC.

Mon.: 11:30-3:30pm • Wed.: 9:30-3:30pm • Thurs: 9:30-3:30pm • Fri.: 9:00-11:30am. All are welcome!

MSC BOOK CLUB

The next meeting will be Tuesday, Nov. 27th The Other Einstein—Benedict Meetings at 1pm. **Please Register.**

A JOURNEY THROUGH AMERICA'S PAST

An interactive series of seminars about the history of the US

America's story will be related in a series of hour-long seminars focused on the key events, as well as the persons whose life, work, and achievements shaped its destiny. The story will begin with the Age of Exploration and cover all important milestones in American history up to the election of 1860 (Abraham Lincoln's first term.) events as part and parcel of a complex tapestry The discussion group will meet on the 2nd and 4th Fridays of the month and continue through June.

Fridays at 10:30am Fee: \$15

MONDAY MOVIE MATINEE MOVIES BEGIN AT 1PM

For movie details, please check with the Senior Center as the order of movies has been altered

SENIORS NEWCOMERS' CLUB

We welcome you to join our Newcomers' Club designed to acquaint new residents with the community. For details please contact Jennie at newcomersclub15@gmail.com.

In November: *Attending a free music program at the North Haven Memorial Library (17 Elm Street, North Haven). Rick Spenser and Dawn Indermuehle present a program which combines entertaining and popular songs of both World Wars, along with background information on the conflicts and music they inspired.* **Saturday, Nov. 3rd at 2pm FREE**

SWEDISH WEAVING

Swedish Weaving is a very relaxing and fun needlecraft that dates back centuries. We are currently looking for someone to run this wonderful group, but until then weavers are welcome to use this time and space to work on their own projects.

Tuesdays 10am-12pm PLEASE REGISTER

FREE

COLORING TO CALM

Coloring Clubs for adults are popping up all over, and for great reasons! It is a wonderfully relaxing activity that improves focus and is just plain fun! Join our great group of artists, we will have coloring books and colored pencils, but you can always bring your own. **PLEASE REGISTER Wednesdays at 1:30pm FREE**

THE NIMBLE THIMBLE NEEDLEPOINT GROUP

Cynthia Barker, an experienced needlepoint teacher is running a needlepoint group at the Senior Center. There will be instruction and a project for beginners as well as offering a place for more seasoned needle workers to complete their unfinished projects. The group is free but the beginner needlepoint kits will have a fee of \$15. **Thursdays, 10-11:30am**

Please Register

FREE

ARTISTS' GROUP

Come get your creative juices flowing! Join a friendly group of artists to work on a current project or start one here. **Please Register**

Tuesdays, 1:30-3:30pm

FREE

MEET, MINGLE & MUNCH SOCIAL GROUP

Do you like to do things, but not alone? At the 3M's social group you can join others for fun activities and events. Meet us at **5pm** on the 2nd Wednesday of the month at a local restaurant. **Call Adele Campanelli for details (203) 245-1651**

DROP-IN DUPLICATE BRIDGE

Begin the session with a mini-lesson with the Director. The games that follow will be "supervised," questions about bidding or plays as you play the hands are allowed. Come with a partner, if you can. **Dir: Mike Hajosy Fri, 10-1:30pm Fee: \$6/class**

BRIDGE PRACTICE

Play Bridge with me – bid, play, defend and discuss a set of pre-arranged hands, my favorite hands from previous classes.

Bring your questions – we will also talk about rules, procedure, and scoring. No text – hand-outs by instructor, Don

Brueggemann. Limited to 16. (4 weeks) **Tuesdays, Nov. 13th - Dec. 4th 10 to 11:30am Fee: \$30**

GENERAL INFORMATION/ONGOING ACTIVITIES

LEGAL ASSISTANCE

Thurs., November 1st & 15th 9-10am

Attorneys from Cronan and Shields offer private 15 min. counseling services **Call the MSC for an appointment.**

SENIOR CENTER BINGO

We are offering Bingo on the 2nd Wednesday of the month. *Please register for this free event.* **Wed., Nov. 14th at 1pm** Free

TECH SUPPORT

Have an iPad or a smart phone and don't know how to use it? Get all your questions answered for free at the Madison Senior Center. The Scranton Library Teen Advisory Group and Madison Youth & Family Services will be offering **free** learning sessions. Teen Volunteers will be available to answer your questions. **Nov. 19th and 26th.** *Please register with **Kirsty Smith** at the Scranton Memorial Library (203) 245-7365, to receive updates regarding cancellations.*

DIAL-A-RIDE (203) 245-5695 OR (203) 245-5627

Mondays: 8am - 4pm Wednesdays: 8am - 4pm NEW Thursdays: 12 noon-6pm Fridays: 8am to 2pm

The Senior Center provides transportation for Madison residents age 60 or older and disabled Madison residents over the age 18 having certification of a medical disability. Rides are given in a 14 town region for medical appointments, and personal business on a first come first served basis, *so call early* as we are often booked several days in advance.

SENIOR CENTER BUS - MONDAY - THURSDAY 9AM TO 3:30PM FRIDAYS 9AM TO 1:30PM

A fixed route service to the MSC, downtown, and grocery shopping

MEALS-ON-WHEELS BY MADISON SENIOR CENTER

Meals delivered around noon to the homebound or recently recovering. You need to give 5 days notice & a doctor's referral.

LUNCH WITH TOM

Come enjoy lunch with our First Selectman, Tom Banisch. Tom joins us on the 3rd Tuesday of every month to have lunch and chat with Madison seniors. Bring your questions, concerns and compliments. **Tuesday, November 20th, at 11:30am**

PLEASE REGISTER Lunch Fee: \$4

ONGOING ACTIVITIES AT THE SENIOR CENTER

Bridge Thursdays & Fridays 10am – 2pm

Canasta Tuesdays 1 – 3:45pm

Coloring Club Wednesdays 1:30 – 2:30pm

Cribbage Mondays 1 – 3pm

Hand & Foot Tuesdays & Thursdays 1:30 – 3:45pm

Judy's Bags Thursdays 1-2pm

Knitting 2nd & 4th Mondays of the month 3:30 – 6pm

Men's Poker Tuesdays 12:45 – 3:45pm

Poker Mondays & Wednesdays 12:45 – 3pm

Quilts of Joy Tuesdays 1:15 – 3:30pm

Swedish Weaving Tuesdays -10 – 11:30am

Walking Club Mondays Wednesdays 10am

HANDICAPPED PARKING PERMIT APPLICATION

Permit applications are available in the Senior Center office.

ASK THE NURSE

VNA Nurse comes to MSC on the 2nd and 4th Tuesdays of the month, and can check your blood pressure, pulse and weight. She can also review your medications, help you to create a medication list, help you prepare for an appointment with your doctor. **Please Register. Tuesday, Nov. 13th & 27th 12:30pm**

MASSAGE THERAPY

Loosen up those tight muscles and get the blood flowing with a twenty minute chair massage. Let an experienced massage therapist help you achieve your wellness goals and feel better in the process. *Teresa Resnick, LMT since 1984*

Thursdays with appointments at 10, 10:30 and 11 Fee: MM\$24 | NMM\$34 Call Senior Center for appointment.

HEARING CLINICS

Nancy Jablonski, from *Audiology Concierge* will be at the Madison Senior Center every month, for free hearing testing, hearing aid checks, wax inspection, and listening demonstrations. **Monday, November 19th By Appointment Only**

MSC ART GALLERY

View our art exhibit by our own *Coastal Camera Club* from August 27th — October 5th. *(Please call the Senior Center for alternate times.) The Art Gallery is a rotating gallery with a new local artist every 6 weeks. We are looking for new exhibitors. If you would like to show your work, please contact us for information.*

EXERCISE & HEALTH PROGRAM

EXERCISE WITH PATTY VELLECA

SENIORS IN MOTION

Seated and standing exercise. Increase muscle tone, joint flexibility, & cardiovascular strength.

Mondays - 10:30–11:30am **Nov. 5th - 26th** (*no class 11/12*) 3 Classes **MM\$18 | NMM\$28** Minimum Needed: 7

Wednesdays - 10:30–11:30am **Nov. 7th – 28th** 4 Classes **MM\$24 | NMM\$34** Minimum Needed: 7

Fridays - 10:30–11:30am **Nov. 5th – 26th** 4 Classes **MM\$24 | NMM\$34** Minimum Needed: 7

EXERCISE & RELAX YOGA

Hatha Yoga is used to increase circulation and relaxation. Yoga postures provide deep tension release, self- control, and they increase energy. **Tuesdays** - 9:30–10am **Nov. 13th - 27th** 3 Classes **M\$26 | NMM\$36** Minimum Needed: 5

CHAIR YOGA

A gentle form of yoga that is practiced sitting on a chair intermingled with mindfulness and meditation.

Wednesdays - 1–2pm **Nov. 7th – 28th** 4 Classes **MM\$28 | NMM\$38** Minimum Needed: 6

Registration Required for All Classes at least one week prior to starting date of class.

WALKIE TALKIES

If you are tired of walking alone, walk with us! Weather permitting on **Mon. & Tues. at the MSC at 10am. FREE**

HEALTH PROGRAMS

Stress Reduction Thursday, October 25th at 10:30am Everyone feels stressed from time to time, but too much stress can be harmful to our well-being. Join Mary Jane Fegan, PT, DPT, GCS to learn about stress, how it affects our bodies and what we can do to help manage it. **Please register for this free event.**

TAI CHI

T'ai Ch'uan is a gentle way to nourish body, mind, and spirit. The slow movements can improve health, vitality, balance, and concentration. **(5 classes)**. Instructor: Suzanne Hanley

Nov. 5th - 26th (*no class 11/12*) **9-10am** Min. Needed: 8 **Fee: MM\$30 | NMM\$40**

SEATED TAI CHI CLASS

Join us for Seated Tai Chi. Classes are adapted to any level of ability. Gentle rhythmic patterns of movement offers over all well-being, including increased strength and flexibility, as well as improved posture and circulation. Instructor: Kim Langley

Tuesdays 1pm – 2pm **Nov. 13th - 27th** 3 Classes at 1pm. **Fee: MM\$40 | NMM\$50** Min. Needed: 5

NO EXCUSES TAP DANCE CLUB

Tap dancing is not only great exercise, it's also great for your memory, sequencing skills, large and small motor skills, balance, core muscle work, right and left brain work, a great workout, and fun too! Dancers get together to practice weekly without an instructor. **Thursdays 3-4pm FREE Tap shoes & registration required.**

THE 18 MOVEMENTS VIDEO PRACTICE

We are offering practice *Chi Qigong Shibashi* sessions. We have a video that demonstrates all the movements. If you are interested in continuing your practice, as some of the students have expressed to us, come to the Senior Center Library and join in. Please register for this free event. **Thurs., Sept. 6th-30th at 10am Free**

NEW SESSION REGISTRATION DEADLINE

Please sign up for all programs the week before they start, so we can be sure minimums have been reached.

BALLROOM LINE DANCING

Reminisce with songs and dances you love, enjoy the memories they evoke while having fun and getting fit. Instructor: Karen Pfrommer **(6 classes) Mondays, Oct. 29th – Dec. 10th 2-3pm** (*no class 11/12*) **Minimum: 6 Fee: MM\$36 | NMM\$46**

MEDITATION WITH SARAH

Meditation is a practice that refreshes the mind, expands your capacity for happiness, well-being, love, creativity and ease.

Learn to live your life with less stress and anxiety and create more clarity, focus, compassion and joy. A regular practice of meditation creates changes in the brain physiology and can alter our genes! This course is designed for both new meditators and for experienced meditators. **(3 classes) Tues., Nov. 13 - 27th at 10:30am Fee: MM\$23 | NMM\$33**

EVENING MEDITATION CLASS

Sarah will guide you through meditation, breath and body awareness, and mindfulness practices to help you manage stress and discover greater ease and well-being. Wear comfortable clothes and bring a yoga/exercise mat or blanket. Chairs are available. All ages and levels welcome. sarahjohnsonwellness.com (3 classes) **Mon., Nov. 5th - 26th No Class 11/12 at 10:30am Fee: MM\$23 | NMM\$33**

MADISON SENIOR CENTER DAY TRIPS

FOXWOODS MONDAYS

MONDAY, NOV. 19TH

Every turn leads to a new adventure. We will be alternating between Mohegan and Foxwoods on a monthly basis.. This month it's back to Mohegan. Food vouchers & bet coupons included. : the trip takes place on the second Monday of every month. Madison members may sign up starting on the Tuesday following the trip. Non Madison members may sign up on the Friday following the trip. You do not need to wait for the month in which the trip is taking place to register.

Depart MSC at 9am.

Fee: \$7

HOLIDAY TEA AT CARAMOOR KATONAH, NY (TOURS OF DISTINCTION)

THURSDAY, DEC. 6TH

Caramoor Center for Music and the Arts, located in Katonah, NY, is a destination for exceptional music, captivating programs, spectacular gardens and grounds, and wonderful moments with friends and family. It enriches the lives of its audiences through innovative and diverse musical performances which are of the highest quality. Its mission also includes mentoring young professional musicians and providing them with educational programs that are centered around music. Caramoor looks to a distinguished and passionate Board of Trustees, Advisory Council, Staff, and Artistic Directors to protect the legacy and to nurture growth so Caramoor will continue to thrive as a vibrant cultural resource and source of inspiration for all. Your cultural exploration begins with a docent-led tour of the historic Rosen House (which will be decorated for the holidays). Learn the history of how Caramoor came into the hands of Walter and Lucie Rosen, and how it became open for the public to attend concerts and tours. Sit back and relax in the majestic Music Room for a concert of holiday music. The majestic Music Room includes Renaissance furniture and architectural elements that will enhance your musical experience. The holiday concert will include sing-alongs. Enjoy a relaxing holiday tea before heading home. The menu will consist of: a Variety of Tea Sandwiches, Scones with Clotted Cream and Preserves, Desserts, and a Selection of Teas. **Depart MSC at 9:45am, est. return: 6pm**

Fee: \$125

CRÊCHES OF THE WORLD

KNIGHTS OF COLUMBUS MUSEUM

WEDNESDAY, DEC. 5TH

Paix, paz, pacem, amani, Frieden, mir. No matter which language you choose, they all mean peace, the hopeful wish for turbulent times and the theme of the annual Knights of Columbus "Crèches of the World" exhibit. Featuring more than 70 nativity scenes in a multitude of designs and materials, the exhibit largely features pieces in the permanent collection of the museum. In the museum's lobby is the massive Neapolitan, "Bottega D'Arte Presepiale," created in 2014, by Cantone & Costabile, which has designed works of art for the Vatican. The 15-foot diorama depicts a 17th century Neapolitan scene with 150 figures of people, animals and angels. It was manufactured for the museum's show, "Buon Natale: Crèches of Italy," three years ago and is part of its permanent collection, said Peter Sonski, education/outreach and visitors' services manager. In addition, there are three Shona sculptures from Zimbabwe. The statues depict the holy family in one, and the Madonna and baby Jesus in the others. Museum curator Bethany J. Sheffer said work on crèche planning begins each year almost as soon as the current exhibit ends after the holidays. With thousands of visitors coming through the museum for the crèche exhibit alone, she said it is a challenge to make each year different than the last. "The wonderful pieces we get from other museums help make the new year more interesting," she said. The featured crèches are laid out by continent and informational posters depict the spread of Christianity around the world. Sheffer said the crèche, or nativity scene, is more than art or a decoration; it is a visual depiction of the biblical event of the birth of Jesus more than 2,000 years ago. She said the layout helps people see the direct connection in each part of the world to each other. Perhaps the highlight for many are the crèche scenes of the Americas and how artists in the United States use various natural materials to carve the scene depicting the birth of Jesus, the holy family and the three wise men paying homage to the newborn king. **Depart MSC at 1pm**

Fee: \$5

CHRISTMAS SPECTACULAR RADIO CITY MUSIC HALL (TOURS OF DISTINCTION)

WEDNESDAY, DEC. 5TH

Lunch will be served family style at *Carmines's*. Menu: Garlic Bread, and Carmine's Salad, Penne with Ragu and Assorted Meats, Rigatoni & Broccoli with Garlic and Oil, Eggplant Parmigiana, Chicken Marsala, Dessert, Coffee or Hot Tea. This afternoon, you have reserved orchestra seats to see the all new Radio City Christmas Spectacular! If you have never seen the show, you are in for a great surprise, and if you have, you have never before seen it like this. Using 'christmasvision' and digital technology, the interior of Radio City transforms into a massive and magical canvas. You will have the Radio City Rockettes performing their *'Parade of Wooden Soldiers,' 'New York Christmas,'* and the *'Living Nativity,'* the brand new show features six new scenes including new Rockette numbers. **Depart MSC 7:45 am**

Fee: \$222

CONEY ISLAND CHRISTMAS

IVORYTON PLAYHOUSE

WEDNESDAY, DEC. 19TH

Coney Island Christmas introduces us to Shirley Abramowitz, a young Jewish girl who (much to her immigrant parents' exasperation) is cast as Jesus in the school's Christmas pageant. As Shirley, now much older, recounts the memorable story to her great-granddaughter, the play captures a timeless and universal tale of what it means to be an American during the holidays. By Pulitzer Prize-winner Donald Margulies this is a holiday show for people of all ages and all faiths. **Depart MSC at 1pm.**

Fee: \$32

MADISON SENIOR CENTER TRAVEL ADVENTURES

SPAIN'S COSTA DEL SOL & THE PORTUGUESE RIVIERA COLLETTE TOURS APRIL 25TH—MAY 7TH, 2019

(13 days, 17 Meals: 11 Breakfasts, 6 Dinners) Relax on the Costa del Sol. Enjoy a true taste of the Iberian Peninsula. In Madrid, you choose your experience: a city tour and tour of the renowned Prado Museum with a local expert, or a walking tour of the city's Hapsburg-era architectural treasures. Travel via high-speed train to the Moorish city of Cordoba. Relax in Malaga's paradior on the Costa del Sol. Tour Granada's Alhambra Palace. Marvel at the architecture of the Cathedral of Seville, third largest in the world. Visit Ronda, an architectural marvel in Andalucia. Choose from a panoramic tour of Lisbon with a visit to the coach museum or a walking tour of the Moorish Alfama Quarter with a visit to Sao Jorge castle. Enjoy a 4-night stay on Portugal's Riviera. Visit the Mafra Palace and Monastery, one of the most impressive Baroque buildings in Portugal. Travel the Silver Coast and visit Fatima, the world-famous pilgrimage site. Enjoy leisure time for independent explorations. Please register for a **special presentation is scheduled Thursday, May, 17th at 10:30am.** **Pricing: Double: \$3,999pp; Single: \$4,549pp; Triple \$3,949pp** (Booking before 10/26/2018)

SOUTHERN CHARM FEATURING CHARLESTON, JEKYLL ISLAND & SAVANNAH MAY 18-24TH, 2019

Day 1: Arrive today in Jacksonville, where the St. John's River meets the Atlantic Ocean. **Day 2:** Travel to the exclusive Jekyll Island Club Hotel, grandly situated in the midst of the fabled Golden Isles. Jekyll Island was once the winter retreat of prominent Gilded Age families. A tram brings you on a tour of the Jekyll Island Historic Landmark District – one of the nation's largest restoration projects. The Rockefellers, Vanderbilts and J.P. Morgan once vacationed here along the 240-acre river edge. **Day 3:** Journey to another fabled Golden Isle, quaint St. Simons Island. See its striking 106' tall lighthouse and visit the Museum of Coastal History. Have leisure time to explore the quaint shops and restaurants in the village. Tonight, gather at a popular local restaurant on Savannah's famous River Street for a cooking demonstration and dinner showcasing regional culinary specialties. **Day 4:** Take in the ambiance of the "Old South" with a trolley tour highlighting Savannah's sprawling Historic District. Lively, informative commentary brings the city to life as you travel along the cobblestone-paved streets and beneath moss-draped oaks. The stately mansions, beautiful squares and romantic riverfront are sure to make you fall in love with this city. Next, the beautiful Andrew Low House and Gardens await. Learn about the driving force behind the Girl Scouts and its founder, Juliette Low. This afternoon, wander Savannah's tree-filled squares or explore Factors Walk and River Street, where old cotton warehouses house trendy shops, taverns and restaurants. **Day 5:** Traverse the picturesque coastline through South Carolina's Low Country on your way to historic Charleston. Known as the Holy City, Charleston has survived the Civil War, major fires, an earthquake and hurricanes – and still exudes elegance, charm and grace. A local guide will show you the city. See its cobblestone streets, historic homes and restored buildings, some with origins prior to the Revolution. Continue on to City Market, one of the oldest public markets in America and the epicenter of Gullah sweetgrass basketry, one of the most beautiful handicrafts of African origin in the United States. The remainder of your day is free to enjoy this very walkable city. **Day 6:** Choose to explore Boone Hall Plantation where you'll experience southern plantation living as you visit one of America's oldest working plantations -OR- opt to explore Patriots Point Naval & Maritime Museum where you'll board the impressive USS *Yorktown* aircraft carrier ; you'll also have time at the Congressional Medal of Honor Museum and see the largest collection of military aircraft in the United States. This evening, join your fellow travelers for a farewell dinner at a local restaurant. **Pricing: Double: \$2,799pp; Single: \$3,599pp; Triple \$2,769pp** (Booking before 11/19/2018) **Includes:** Group Transportation to/from Airport, Round Trip Air from New York, Air Taxes and Fees/Surcharges, Hotel Transfers **Not included:** Cancellation Waiver and Insurance of \$275 per person and any Airline Baggage Fee

WE HAVE A GREAT TRIP TO BRITAIN COMING UP NEXT YEAR

WHEN DEPARTING ON A DAYTRIP, PLEASE PARK IN THE LOT ACROSS THE STREET FROM THE SENIOR

To see our lunch menu please copy this link into your browser:

[Senior Center Lunch Menu link](#)

BACK PAGES

AARP SAFE DRIVING CLASS

A refresher course aimed at the 60+ driver. Call your insurance company you may be eligible for a discount after completing this course! **The class will be held on the 2nd Wednesday of the month from 12pm to 4pm. Registration Required**
Nov. 14th Fee: AARP Member \$15 Non-Member \$20 Please make checks payable to AARP

MADISON RESIDENTS:

Do You Need a Ride to Vote? Call the Senior Center by Thursday, Nov. 1st and we will pick you up and take you home.

“SAFETY CHECK LIST”

Are you concerned for your safety in the event of a Hurricane or other weather event, or do you have someone you would worry about in the aftermath of an emergency weather event? The “safety check list” will be utilized in the case of an emergency. In the days following an emergency weather event, a representative from Madison Senior Services will contact those on the list. To add your name to the list, call **(203) 245-5627. Always plan and be prepared for at least 3 days following a weather emergency.**

SCHILLER SHORELINE INSTITUTE FOR LIFELONG LEARNING

The Madison Senior Center is happy to host many programs provided by the Schiller Shoreline Institute for Lifelong Learning. SSILL provides many interesting educational programs for adults living in the Shoreline area. If you are interested in becoming a member call the Guilford Community Center (203) 453-8086. You can also visit the SSILL website at www.ssill.org.