Gym Schedule June
2019

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:30 to 8:00	Adult Open Gym	Adult Open Gym	Adult Open Gym	Adult Open Gym	Adult Open Gym	
8:00 to 8:30	Adult Open Gym	Adult Open Gym	Adult Open Gym	Adult Open Gym	Adult Open Gym	
8:30 to 9:00	Adult Open Gym	Adult Open Gym	Pilates	Adult Open Gym	Adult Open Gym	
9:00 to 9:30	Adult Open Gym	Adult Open Gym	Pilates	Adult Open Gym	Adult Open Gym	Jr. Kickers Soccer
9:30 to 10:00	Adult Open Gym	Adult Open Gym	Pilates	Adult Open Gym	Adult Open Gym	Jr. Kickers Soccer
10:00 to 10:30	Adult Open Gym	Adult Open Gym	Adult Open Gym	Adult Open Gym	Adult Open Gym	Youth Open Gym
10:30 to 11:00	Adult Open Gym	Adult Open Gym	Adult Open Gym	Adult Open Gym	Adult Open Gym	Youth Open Gym
11:00 to 11:30	Adult Open Gym	Adult Open Gym	Adult Open Gym	Adult Open Gym	Adult Open Gym	Youth Open Gym
11:30 to 12:00	Adult Open Gym	Adult Open Gym	Adult Open Gym	Adult Open Gym	Adult Open Gym	Youth Open Gym
12:00 to 12:30	Adult Open Gym	Adult Open Gym	Adult Open Gym	Adult Open Gym	Adult Open Gym	Youth Open Gym
12:30 to 1:00	Adult Open Gym	Adult Open Gym	Adult Open Gym	Adult Open Gym	Adult Open Gym	Closed
1:00 to 1:30	Adult Open Gym	Adult Open Gym	Adult Open Gym	Adult Open Gym	Adult Open Gym	Closed
1:30 to 2:00	Adult Open Gym	Adult Open Gym	Adult Open Gym	Adult Open Gym	Adult Open Gym	Closed
2:00 to 2:30	Adult Open Gym	Adult Open Gym	Jr. Kickers Soccer	Jr. Kickers Soccer	Adult Open Gym	Closed
2:30 to 3:00	Adult Open Gym	Adult Open Gym	Jr. Kickers Soccer	Jr. Kickers Soccer	Adult Open Gym	Closed
3:00 to 3:30	Youth Open Gym	Youth Open Gym	Youth Open Gym	Youth Open Gym	Youth Open Gym	Closed
3:30 to 4:00	Youth Open Gym	Youth Open Gym	Youth Open Gym	Youth Open Gym	Youth Open Gym	Closed
4:00 to 4:30	Youth Open Gym	Youth Open Gym	Youth Open Gym	Youth Open Gym	Youth Open Gym	Closed
4:30 to 5:00	Youth Open Gym	Youth Open Gym	Youth Open Gym	Youth Open Gym	Youth Open Gym	Closed
5:00 to 5:30	Youth Open Gym	Youth Open Gym	Youth Open Gym	Youth Open Gym	Youth Open Gym	Closed
5:30 to 6:00	Adult Open Gym	Adult Open Gym	Adult Open Gym	Adult Open Gym	Adult Open Gym	Closed
6:00 to 6:30	Adult Open Gym	Adult Open Gym	Adult Open Gym	Adult Open Gym	Adult Open Gym	Closed
6:30 to 7:00	Adult Open Gym	Adult Open Gym	Adult Open Gym	Adult Open Gym	Adult Open Gym	Closed

Programs	Adult Open Gyms	Senior programs	Youth Open Gym

Schedule subject to change due to program developments. Gym may be closed due to rain location for camps and weather. Call the gym at 203-245-5691 if weather is bad before you leave home. Fitness Center is open when gym is open, for Ages 16 and older with recreation pass.